



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Ignace VERLEYSEN

11 BnGn

Omloop : H:03

Afstand : 5000m (Hoogteverschil 170m)

Tijd : 0:46:01 (9'12"/km)

--/34

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Christophe DUSSART | 0:36:10 |
| 2. Nico MESKENS | 0:41:41 |
| 3. Patrick CLAES | 0:41:47 |

1.	133	00:02:26		277m	8'47"/km
2.	103	00:02:37	00:05:03	343m	7'38"/km
3.	147	00:02:13	00:07:16	274m	8'05"/km
4.	117	00:05:14	00:12:30	560m	9'21"/km
5.	116	00:01:55	00:14:25	245m	7'49"/km
6.	136	00:01:20	00:15:45	103m	12'57"/km
7.	114	00:00:51	00:16:36	128m	6'38"/km
8.	104	00:01:11	00:17:47	163m	7'16"/km
9.	141	00:04:22	00:22:09	523m	8'21"/km
10.	142	00:01:42	00:23:51	298m	5'42"/km
11.	111	00:01:37	00:25:28	177m	9'08"/km
12.	110	00:01:53	00:27:21	154m	12'14"/km
13.	109	00:02:20	00:29:41	170m	13'44"/km
14.	108	00:02:18	00:31:59	252m	9'08"/km
15.	107	00:01:54	00:33:53	97m	19'35"/km
16.	115	00:03:05	00:36:58	302m	10'13"/km
17.	144	00:01:44	00:38:42	167m	10'23"/km
18.	148	00:02:46	00:41:28	201m	13'46"/km
19.	118	00:01:03	00:42:31	121m	8'41"/km
20.	146	00:01:29	00:44:00	200m	7'25"/km
21.	120	00:01:05	00:45:05	112m	9'40"/km
22.	121	00:00:41	00:45:46	85m	8'02"/km
23.	180	00:00:15	00:46:01	52m	4'48"/km

Orienteering Software