



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Pieterjan PENNE

MHKA

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:50:45 (8'36"/km)

36/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |
| 3. Jo LINTEN | 0:41:13 |

1.	101	00:02:42		189m	14'17"/km
2.	102	00:01:42	00:04:24	217m	7'50"/km
3.	103	00:01:29	00:05:53	207m	7'10"/km
4.	104	00:03:34	00:09:27	489m	7'18"/km
5.	126	00:01:28	00:10:55	175m	8'23"/km
6.	127	00:01:34	00:12:29	98m	15'59"/km
7.	105	00:01:21	00:13:50	117m	11'32"/km
8.	107	00:02:00	00:15:50	268m	7'28"/km
9.	108	00:00:48	00:16:38	97m	8'15"/km
10.	109	00:01:47	00:18:25	252m	7'05"/km
11.	110	00:05:17	00:23:42	170m	31'05"/km
12.	111	00:01:00	00:24:42	154m	6'30"/km
13.	112	00:02:31	00:27:13	341m	7'23"/km
14.	113	00:01:31	00:28:44	142m	10'41"/km
15.	114	00:01:42	00:30:26	239m	7'07"/km
16.	115	00:01:03	00:31:29	127m	8'16"/km
17.	137	00:02:30	00:33:59	230m	10'52"/km
18.	117	00:01:54	00:35:53	187m	10'10"/km
19.	118	00:01:32	00:37:25	251m	6'07"/km
20.	146	00:01:14	00:38:39	200m	6'10"/km
21.	134	00:01:17	00:39:56	242m	5'18"/km
22.	140	00:02:04	00:42:00	341m	6'04"/km
23.	147	00:01:41	00:43:41	154m	10'56"/km
24.	143	00:01:04	00:44:45	74m	14'25"/km
25.	125	00:01:19	00:46:04	176m	7'29"/km
26.	123	00:01:26	00:47:30	151m	9'30"/km
27.	124	00:00:52	00:48:22	215m	4'02"/km
28.	120	00:01:07	00:49:29	246m	4'32"/km
29.	121	00:01:03	00:50:32	85m	12'21"/km
30.	180	00:00:13	00:50:45	52m	4'10"/km