



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Etienne EVRARD

IRMEP - KMILO

Course : H:01

Distance : 5900m (Climbing 195m)

Time : 0:50:12 (8'31"/km)

31/71

O.K.

[Full result on Webres](#)

1. Pierre QUINIET	0:39:15
2. Tomy JANSSENS	0:39:48
3. Jo LINTEN	0:41:13

1.	101	00:02:54		189m	15'21"/km
2.	102	00:01:29	00:04:23	217m	6'50"/km
3.	103	00:01:48	00:06:11	207m	8'42"/km
4.	104	00:02:45	00:08:56	489m	5'37"/km
5.	126	00:01:33	00:10:29	175m	8'51"/km
6.	127	00:01:35	00:12:04	98m	16'09"/km
7.	105	00:01:10	00:13:14	117m	9'58"/km
8.	107	00:02:39	00:15:53	268m	9'53"/km
9.	108	00:01:44	00:17:37	97m	17'52"/km
10.	109	00:01:54	00:19:31	252m	7'32"/km
11.	110	00:03:32	00:23:03	170m	20'47"/km
12.	111	00:01:04	00:24:07	154m	6'56"/km
13.	112	00:02:13	00:26:20	341m	6'30"/km
14.	113	00:02:24	00:28:44	142m	16'54"/km
15.	114	00:01:20	00:30:04	239m	5'35"/km
16.	115	00:00:56	00:31:00	127m	7'21"/km
17.	137	00:01:50	00:32:50	230m	7'58"/km
18.	117	00:02:37	00:35:27	187m	14'00"/km
19.	118	00:01:33	00:37:00	251m	6'11"/km
20.	146	00:01:17	00:38:17	200m	6'25"/km
21.	134	00:01:49	00:40:06	242m	7'30"/km
22.	140	00:02:40	00:42:46	341m	7'49"/km
23.	147	00:01:46	00:44:32	154m	11'28"/km
24.	143	00:00:39	00:45:11	74m	8'47"/km
25.	125	00:01:02	00:46:13	176m	5'52"/km
26.	123	00:01:13	00:47:26	151m	8'03"/km
27.	124	00:00:44	00:48:10	215m	3'25"/km
28.	120	00:01:05	00:49:15	246m	4'24"/km
29.	121	00:00:44	00:49:59	85m	8'38"/km
30.	180	00:00:13	00:50:12	52m	4'10"/km