



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Aurélien PIACENZA

JFC Brunssum

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:44:59 (7'37"/km)

11/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |
| 3. Jo LINTEN | 0:41:13 |

1.	101	00:01:38		189m	8'39"/km
2.	102	00:02:05	00:03:43	217m	9'36"/km
3.	103	00:01:27	00:05:10	207m	7'00"/km
4.	104	00:02:59	00:08:09	489m	6'06"/km
5.	126	00:01:25	00:09:34	175m	8'06"/km
6.	127	00:01:26	00:11:00	98m	14'38"/km
7.	105	00:00:59	00:11:59	117m	8'24"/km
8.	107	00:01:38	00:13:37	268m	6'06"/km
9.	108	00:01:25	00:15:02	97m	14'36"/km
10.	109	00:01:50	00:16:52	252m	7'17"/km
11.	110	00:01:37	00:18:29	170m	9'31"/km
12.	111	00:01:01	00:19:30	154m	6'36"/km
13.	112	00:02:08	00:21:38	341m	6'15"/km
14.	113	00:01:31	00:23:09	142m	10'41"/km
15.	114	00:01:24	00:24:33	239m	5'51"/km
16.	115	00:00:54	00:25:27	127m	7'05"/km
17.	137	00:01:29	00:26:56	230m	6'27"/km
18.	117	00:02:04	00:29:00	187m	11'03"/km
19.	118	00:01:29	00:30:29	251m	5'55"/km
20.	146	00:01:19	00:31:48	200m	6'35"/km
21.	134	00:01:27	00:33:15	242m	6'00"/km
22.	140	00:03:39	00:36:54	341m	10'42"/km
23.	147	00:01:52	00:38:46	154m	12'07"/km
24.	143	00:00:41	00:39:27	74m	9'14"/km
25.	125	00:01:14	00:40:41	176m	7'00"/km
26.	123	00:01:29	00:42:10	151m	9'49"/km
27.	124	00:00:51	00:43:01	215m	3'57"/km
28.	120	00:01:15	00:44:16	246m	5'05"/km
29.	121	00:00:30	00:44:46	85m	5'53"/km
30.	180	00:00:13	00:44:59	52m	4'10"/km