



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Mats RAEVES

10 W Tac

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:44:18 (7'31"/km)

10/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |
| 3. Jo LINTEN | 0:41:13 |

1.	101	00:02:02		189m	10'46"/km
2.	102	00:02:07	00:04:09	217m	9'45"/km
3.	103	00:01:21	00:05:30	207m	6'31"/km
4.	104	00:03:32	00:09:02	489m	7'14"/km
5.	126	00:01:27	00:10:29	175m	8'17"/km
6.	127	00:01:28	00:11:57	98m	14'58"/km
7.	105	00:00:55	00:12:52	117m	7'50"/km
8.	107	00:01:40	00:14:32	268m	6'13"/km
9.	108	00:01:19	00:15:51	97m	13'34"/km
10.	109	00:01:47	00:17:38	252m	7'05"/km
11.	110	00:01:57	00:19:35	170m	11'28"/km
12.	111	00:01:06	00:20:41	154m	7'09"/km
13.	112	00:02:25	00:23:06	341m	7'05"/km
14.	113	00:01:29	00:24:35	142m	10'27"/km
15.	114	00:01:18	00:25:53	239m	5'26"/km
16.	115	00:00:55	00:26:48	127m	7'13"/km
17.	137	00:01:52	00:28:40	230m	8'07"/km
18.	117	00:01:44	00:30:24	187m	9'16"/km
19.	118	00:01:29	00:31:53	251m	5'55"/km
20.	146	00:01:24	00:33:17	200m	7'00"/km
21.	134	00:01:24	00:34:41	242m	5'47"/km
22.	140	00:02:00	00:36:41	341m	5'52"/km
23.	147	00:01:50	00:38:31	154m	11'54"/km
24.	143	00:00:36	00:39:07	74m	8'06"/km
25.	125	00:01:02	00:40:09	176m	5'52"/km
26.	123	00:01:16	00:41:25	151m	8'23"/km
27.	124	00:00:48	00:42:13	215m	3'43"/km
28.	120	00:01:03	00:43:16	246m	4'16"/km
29.	121	00:00:47	00:44:03	85m	9'13"/km
30.	180	00:00:15	00:44:18	52m	4'48"/km