



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

François FAGNOUL

Lt Bn 12/13 Li

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:43:33 (7'23"/km)

8/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |
| 3. Jo LINTEN | 0:41:13 |

1.	101	00:01:43		189m	9'05"/km
2.	102	00:01:23	00:03:06	217m	6'22"/km
3.	103	00:01:15	00:04:21	207m	6'02"/km
4.	104	00:02:52	00:07:13	489m	5'52"/km
5.	126	00:01:17	00:08:30	175m	7'20"/km
6.	127	00:01:22	00:09:52	98m	13'57"/km
7.	105	00:00:56	00:10:48	117m	7'59"/km
8.	107	00:01:58	00:12:46	268m	7'20"/km
9.	108	00:01:29	00:14:15	97m	15'18"/km
10.	109	00:01:45	00:16:00	252m	6'57"/km
11.	110	00:01:38	00:17:38	170m	9'36"/km
12.	111	00:00:53	00:18:31	154m	5'44"/km
13.	112	00:02:28	00:20:59	341m	7'14"/km
14.	113	00:01:28	00:22:27	142m	10'20"/km
15.	114	00:01:16	00:23:43	239m	5'18"/km
16.	115	00:01:27	00:25:10	127m	11'25"/km
17.	137	00:01:56	00:27:06	230m	8'24"/km
18.	117	00:02:01	00:29:07	187m	10'47"/km
19.	118	00:01:33	00:30:40	251m	6'11"/km
20.	146	00:01:19	00:31:59	200m	6'35"/km
21.	134	00:01:30	00:33:29	242m	6'12"/km
22.	140	00:02:13	00:35:42	341m	6'30"/km
23.	147	00:01:41	00:37:23	154m	10'56"/km
24.	143	00:00:36	00:37:59	74m	8'06"/km
25.	125	00:01:16	00:39:15	176m	7'12"/km
26.	123	00:01:20	00:40:35	151m	8'50"/km
27.	124	00:00:53	00:41:28	215m	4'07"/km
28.	120	00:01:13	00:42:41	246m	4'57"/km
29.	121	00:00:40	00:43:21	85m	7'51"/km
30.	180	00:00:12	00:43:33	52m	3'51"/km