



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Hans VANBAELEN

CBOS Noord

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:41:35 (7'03"/km)

4/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |
| 3. Jo LINTEN | 0:41:13 |

1.	101	00:02:09		189m	11'23"/km
2.	102	00:01:48	00:03:57	217m	8'18"/km
3.	103	00:01:17	00:05:14	207m	6'12"/km
4.	104	00:02:37	00:07:51	489m	5'21"/km
5.	126	00:01:27	00:09:18	175m	8'17"/km
6.	127	00:01:18	00:10:36	98m	13'16"/km
7.	105	00:00:52	00:11:28	117m	7'24"/km
8.	107	00:02:03	00:13:31	268m	7'39"/km
9.	108	00:01:28	00:14:59	97m	15'07"/km
10.	109	00:01:34	00:16:33	252m	6'13"/km
11.	110	00:01:33	00:18:06	170m	9'07"/km
12.	111	00:00:55	00:19:01	154m	5'57"/km
13.	112	00:02:05	00:21:06	341m	6'07"/km
14.	113	00:01:24	00:22:30	142m	9'52"/km
15.	114	00:01:13	00:23:43	239m	5'05"/km
16.	115	00:01:11	00:24:54	127m	9'19"/km
17.	137	00:01:18	00:26:12	230m	5'39"/km
18.	117	00:01:48	00:28:00	187m	9'38"/km
19.	118	00:01:32	00:29:32	251m	6'07"/km
20.	146	00:01:14	00:30:46	200m	6'10"/km
21.	134	00:01:22	00:32:08	242m	5'39"/km
22.	140	00:02:08	00:34:16	341m	6'15"/km
23.	147	00:01:39	00:35:55	154m	10'43"/km
24.	143	00:00:36	00:36:31	74m	8'06"/km
25.	125	00:01:06	00:37:37	176m	6'15"/km
26.	123	00:01:18	00:38:55	151m	8'37"/km
27.	124	00:00:51	00:39:46	215m	3'57"/km
28.	120	00:01:10	00:40:56	246m	4'45"/km
29.	121	00:00:28	00:41:24	85m	5'29"/km
30.	180	00:00:11	00:41:35	52m	3'32"/km