



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Jo LINTEN

Plateau Beauvechain

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:41:13 (6'59"/km)

3/71

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Pierre QUINIET | 0:39:15 |
| 2. Tomy JANSSENS | 0:39:48 |

1.	101	00:01:41		189m	8'54"/km
2.	102	00:01:29	00:03:10	217m	6'50"/km
3.	103	00:01:15	00:04:25	207m	6'02"/km
4.	104	00:02:45	00:07:10	489m	5'37"/km
5.	126	00:01:15	00:08:25	175m	7'09"/km
6.	127	00:01:33	00:09:58	98m	15'49"/km
7.	105	00:00:53	00:10:51	117m	7'33"/km
8.	107	00:01:32	00:12:23	268m	5'43"/km
9.	108	00:01:22	00:13:45	97m	14'05"/km
10.	109	00:01:41	00:15:26	252m	6'41"/km
11.	110	00:01:32	00:16:58	170m	9'01"/km
12.	111	00:00:53	00:17:51	154m	5'44"/km
13.	112	00:02:08	00:19:59	341m	6'15"/km
14.	113	00:01:28	00:21:27	142m	10'20"/km
15.	114	00:01:18	00:22:45	239m	5'26"/km
16.	115	00:01:15	00:24:00	127m	9'51"/km
17.	137	00:01:26	00:25:26	230m	6'14"/km
18.	117	00:01:55	00:27:21	187m	10'15"/km
19.	118	00:01:30	00:28:51	251m	5'59"/km
20.	146	00:01:16	00:30:07	200m	6'20"/km
21.	134	00:01:24	00:31:31	242m	5'47"/km
22.	140	00:02:04	00:33:35	341m	6'04"/km
23.	147	00:01:49	00:35:24	154m	11'48"/km
24.	143	00:00:40	00:36:04	74m	9'01"/km
25.	125	00:01:06	00:37:10	176m	6'15"/km
26.	123	00:01:26	00:38:36	151m	9'30"/km
27.	124	00:00:50	00:39:26	215m	3'53"/km
28.	120	00:01:07	00:40:33	246m	4'32"/km
29.	121	00:00:28	00:41:01	85m	5'29"/km
30.	180	00:00:12	00:41:13	52m	3'51"/km