



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Pierre QUINIET

CC Land Dept Man

Omloop : H:01

Afstand : 5900m (Hoogteverschil 195m)

Tijd : 0:39:15 (6'39"/km)

1/71

O.K.

[Volledige uitslagen op Webres](#)

2. Tomy JANSSENS 0:39:48
3. Jo LINTEN 0:41:13

1.	101	00:01:20		189m	7'03"/km
2.	102	00:01:40	00:03:00	217m	7'41"/km
3.	103	00:01:19	00:04:19	207m	6'22"/km
4.	104	00:02:36	00:06:55	489m	5'19"/km
5.	126	00:01:12	00:08:07	175m	6'51"/km
6.	127	00:01:23	00:09:30	98m	14'07"/km
7.	105	00:00:53	00:10:23	117m	7'33"/km
8.	107	00:01:36	00:11:59	268m	5'58"/km
9.	108	00:01:19	00:13:18	97m	13'34"/km
10.	109	00:01:31	00:14:49	252m	6'01"/km
11.	110	00:01:20	00:16:09	170m	7'51"/km
12.	111	00:01:09	00:17:18	154m	7'28"/km
13.	112	00:02:10	00:19:28	341m	6'21"/km
14.	113	00:01:33	00:21:01	142m	10'55"/km
15.	114	00:01:15	00:22:16	239m	5'14"/km
16.	115	00:00:57	00:23:13	127m	7'29"/km
17.	137	00:01:19	00:24:32	230m	5'43"/km
18.	117	00:01:41	00:26:13	187m	9'00"/km
19.	118	00:01:28	00:27:41	251m	5'51"/km
20.	146	00:01:17	00:28:58	200m	6'25"/km
21.	134	00:01:17	00:30:15	242m	5'18"/km
22.	140	00:01:55	00:32:10	341m	5'37"/km
23.	147	00:01:36	00:33:46	154m	10'23"/km
24.	143	00:00:37	00:34:23	74m	8'20"/km
25.	125	00:01:07	00:35:30	176m	6'21"/km
26.	123	00:01:16	00:36:46	151m	8'23"/km
27.	124	00:00:47	00:37:33	215m	3'39"/km
28.	120	00:01:06	00:38:39	246m	4'28"/km
29.	121	00:00:25	00:39:04	85m	4'54"/km
30.	180	00:00:11	00:39:15	52m	3'32"/km