



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Lien VERDEYEN

Bn ISTAR

Course : D:03

Distance : 5000m (Climbing 170m)

Time : 1:33:13 (18'39"/km)

6/7

O.K.

[Full result on Webres](#)

1. Laura HEYMANS	0:42:25
2. Ines DEKOCK	0:44:30
3. Véronique WAELEKENS	0:48:08

1.	133	00:06:12		277m	22'23"/km
2.	103	00:04:08	00:10:20	343m	12'03"/km
3.	147	00:05:34	00:15:54	274m	20'19"/km
4.	117	00:07:29	00:23:23	560m	13'22"/km
5.	116	00:05:05	00:28:28	245m	20'45"/km
6.	136	00:03:05	00:31:33	103m	29'56"/km
7.	114	00:01:55	00:33:28	128m	14'58"/km
8.	104	00:01:55	00:35:23	163m	11'46"/km
9.	141	00:12:03	00:47:26	523m	23'02"/km
10.	142	00:02:38	00:50:04	298m	8'50"/km
11.	111	00:07:42	00:57:46	177m	43'30"/km
12.	110	00:02:34	01:00:20	154m	16'40"/km
13.	109	00:05:00	01:05:20	170m	29'25"/km
14.	108	00:04:27	01:09:47	252m	17'40"/km
15.	107	00:03:46	01:13:33	97m	38'50"/km
16.	115	00:04:39	01:18:12	302m	15'24"/km
17.	144	00:02:12	01:20:24	167m	13'10"/km
18.	148	00:03:23	01:23:47	201m	16'50"/km
19.	118	00:02:46	01:26:33	121m	22'52"/km
20.	146	00:03:41	01:30:14	200m	18'25"/km
21.	120	00:01:32	01:31:46	112m	13'41"/km
22.	121	00:00:56	01:32:42	85m	10'59"/km
23.	180	00:00:31	01:33:13	52m	9'56"/km

Orienteering Software