



Militair regelmatigheidscriterium

Ciney 9.11.2023

Md Bn 1/3 L

Linda SCHRADER

JFC Brunssum

Omloop : D:03

Afstand : 5000m (Hoogteverschil 170m)

Tijd : 0:48:21 (9'40"/km)

4/7

O.K.

[Volledige uitslagen op Webres](#)

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|------------------------|---------|
| 1. Laura HEYMANS | 0:42:25 |
| 2. Ines DEKOCK | 0:44:30 |
| 3. Véronique WAELEKENS | 0:48:08 |

1.	133	00:02:39		277m	9'34"/km
2.	103	00:02:31	00:05:10	343m	7'20"/km
3.	147	00:02:25	00:07:35	274m	8'49"/km
4.	117	00:05:04	00:12:39	560m	9'03"/km
5.	116	00:02:44	00:15:23	245m	11'09"/km
6.	136	00:01:15	00:16:38	103m	12'08"/km
7.	114	00:00:56	00:17:34	128m	7'18"/km
8.	104	00:01:34	00:19:08	163m	9'37"/km
9.	141	00:05:11	00:24:19	523m	9'55"/km
10.	142	00:01:44	00:26:03	298m	5'49"/km
11.	111	00:01:25	00:27:28	177m	8'00"/km
12.	110	00:01:20	00:28:48	154m	8'39"/km
13.	109	00:02:31	00:31:19	170m	14'48"/km
14.	108	00:02:47	00:34:06	252m	11'03"/km
15.	107	00:01:49	00:35:55	97m	18'44"/km
16.	115	00:02:45	00:38:40	302m	9'06"/km
17.	144	00:01:43	00:40:23	167m	10'17"/km
18.	148	00:01:57	00:42:20	201m	9'42"/km
19.	118	00:01:50	00:44:10	121m	15'09"/km
20.	146	00:01:54	00:46:04	200m	9'30"/km
21.	120	00:01:08	00:47:12	112m	10'07"/km
22.	121	00:00:51	00:48:03	85m	10'00"/km
23.	180	00:00:18	00:48:21	52m	5'46"/km

Orienteering Software