



LOS 2023-09
Schaatsbaan 4.11.2023
Omega

Jan VAN DER ELST

Omega

Course : H:01

Distance : 5490m

Time : 0:53:02 (9'40"/km)

15/43

O.K.

[Full result on Webres](#)

- | | |
|------------------------|---------|
| 1. Mats DE SMUL | 0:40:55 |
| 2. Matijs LOECKX | 0:42:36 |
| 3. Siegfried BAKELANTS | 0:44:09 |

1.	33	00:01:03	188m	5'35"/km
2.	34	00:01:47 00:02:50	148m	12'03"/km
3.	35	00:00:39 00:03:29	92m	7'04"/km
4.	36	00:01:24 00:04:53	159m	8'48"/km
5.	37	00:01:30 00:06:23	109m	13'46"/km
6.	32	00:01:32 00:07:55	110m	13'56"/km
7.	58	00:01:16 00:09:11	152m	8'20"/km
8.	39	00:02:15 00:11:26	302m	7'27"/km
9.	40	00:00:46 00:12:12	84m	9'08"/km
10.	42	00:01:58 00:14:10	333m	5'54"/km
11.	41	00:01:28 00:15:38	187m	7'51"/km
12.	43	00:02:59 00:18:37	282m	10'35"/km
13.	61	00:02:03 00:20:40	128m	16'01"/km
14.	44	00:01:10 00:21:50	78m	14'57"/km
15.	45	00:01:36 00:23:26	133m	12'02"/km
16.	46	00:01:15 00:24:41	91m	13'44"/km
17.	47	00:03:23 00:28:04	341m	9'55"/km
18.	48	00:01:38 00:29:42	243m	6'43"/km
19.	49	00:02:12 00:31:54	211m	10'26"/km
20.	50	00:00:55 00:32:49	146m	6'17"/km
21.	51	00:02:27 00:35:16	222m	11'02"/km
22.	52	00:02:23 00:37:39	143m	16'40"/km
23.	53	00:01:31 00:39:10	255m	5'57"/km
24.	54	00:04:00 00:43:10	343m	11'40"/km
25.	55	00:03:25 00:46:35	314m	10'53"/km
26.	56	00:01:32 00:48:07	142m	10'48"/km
27.	57	00:02:02 00:50:09	227m	8'57"/km
28.	31	00:01:40 00:51:49	208m	8'01"/km
29.	38	00:00:45 00:52:34	64m	11'43"/km
30.	999	00:00:28 00:53:02	49m	9'31"/km