



LOS 2023-08
Arenberg 21.10.2023
Omega

Wouter CEYSSENS

Omega

Course : H:01

Distance : 5500m

Time : 0:51:35 (9'23"/km)

39/51

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Mats DE SMUL | 0:28:16 |
| 2. Lennert LENS | 0:31:08 |
| 3. Peter COKELAERE | 0:33:49 |

1.	55	00:01:18		186m	6'59"/km
2.	56	00:01:12	00:02:30	129m	9'18"/km
3.	45	00:05:37	00:08:07	285m	19'42"/km
4.	49	00:01:12	00:09:19	176m	6'49"/km
5.	44	00:01:39	00:10:58	145m	11'23"/km
6.	54	00:01:20	00:12:18	259m	5'09"/km
7.	43	00:01:19	00:13:37	219m	6'01"/km
8.	42	00:01:08	00:14:45	120m	9'27"/km
9.	37	00:01:54	00:16:39	154m	12'20"/km
10.	41	00:01:25	00:18:04	209m	6'47"/km
11.	39	00:01:17	00:19:21	246m	5'13"/km
12.	52	00:01:14	00:20:35	178m	6'56"/km
13.	47	00:00:51	00:21:26	191m	4'27"/km
14.	50	00:01:02	00:22:28	122m	8'28"/km
15.	53	00:00:53	00:23:21	142m	6'13"/km
16.	51	00:02:43	00:26:04	247m	11'00"/km
17.	60	00:01:28	00:27:32	190m	7'43"/km
18.	35	00:02:11	00:29:43	293m	7'27"/km
19.	61	00:02:04	00:31:47	235m	8'48"/km
20.	38	00:00:43	00:32:30	112m	6'24"/km
21.	40	00:01:08	00:33:38	121m	9'22"/km
22.	48	00:01:06	00:34:44	107m	10'17"/km
23.	32	00:01:18	00:36:02	102m	12'45"/km
24.	31	00:01:06	00:37:08	121m	9'05"/km
25.	58	00:05:15	00:42:23	157m	33'26"/km
26.	34	00:02:37	00:45:00	386m	6'47"/km
27.	36	00:01:27	00:46:27	232m	6'15"/km
28.	57	00:03:44	00:50:11	245m	15'14"/km
29.	46	00:01:11	00:51:22	142m	8'20"/km
30.	999	00:00:13	00:51:35	51m	4'15"/km