



LOS 2023-08
Arenberg 21.10.2023
Omega

Geert DEBYSER

Omega

Course : H:01

Distance : 5500m

Time : 0:51:08 (9'18"/km)

37/51

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:28:16
2. Lennert LENS	0:31:08
3. Peter COKELAERE	0:33:49

1.	55	00:01:01	186m	5'28"/km
2.	56	00:01:22 00:02:23	129m	10'36"/km
3.	45	00:01:48 00:04:11	285m	6'19"/km
4.	49	00:01:43 00:05:54	176m	9'45"/km
5.	44	00:01:06 00:07:00	145m	7'35"/km
6.	54	00:01:36 00:08:36	259m	6'11"/km
7.	43	00:01:39 00:10:15	219m	7'32"/km
8.	42	00:01:19 00:11:34	120m	10'58"/km
9.	37	00:01:50 00:13:24	154m	11'54"/km
10.	41	00:01:58 00:15:22	209m	9'25"/km
11.	39	00:01:59 00:17:21	246m	8'04"/km
12.	52	00:01:52 00:19:13	178m	10'29"/km
13.	47	00:01:25 00:20:38	191m	7'25"/km
14.	50	00:01:17 00:21:55	122m	10'31"/km
15.	53	00:01:16 00:23:11	142m	8'55"/km
16.	51	00:03:50 00:27:01	247m	15'31"/km
17.	60	00:01:54 00:28:55	190m	10'00"/km
18.	35	00:02:31 00:31:26	293m	8'35"/km
19.	61	00:03:40 00:35:06	235m	15'36"/km
20.	38	00:00:56 00:36:02	112m	8'20"/km
21.	40	00:01:56 00:37:58	121m	15'59"/km
22.	48	00:01:08 00:39:06	107m	10'36"/km
23.	32	00:01:41 00:40:47	102m	16'30"/km
24.	31	00:00:53 00:41:40	121m	7'18"/km
25.	58	00:01:44 00:43:24	157m	11'02"/km
26.	34	00:03:06 00:46:30	386m	8'02"/km
27.	36	00:01:53 00:48:23	232m	8'07"/km
28.	57	00:01:51 00:50:14	245m	7'33"/km
29.	46	00:00:44 00:50:58	142m	5'10"/km
30.	999	00:00:10 00:51:08	51m	3'16"/km