



LOS 2023-08
Arenberg 21.10.2023
Omega

Jean-Claude JIMENEZ

hamok

Course : H:01

Distance : 5500m

Time : 0:43:27 (7'54"/km)

22/51

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:28:16
2. Lennert LENS	0:31:08
3. Peter COKELAERE	0:33:49

1.	55	00:01:17		186m	6'54"/km
2.	56	00:00:58	00:02:15	129m	7'30"/km
3.	45	00:01:41	00:03:56	285m	5'54"/km
4.	49	00:01:17	00:05:13	176m	7'18"/km
5.	44	00:01:02	00:06:15	145m	7'08"/km
6.	54	00:01:20	00:07:35	259m	5'09"/km
7.	43	00:01:23	00:08:58	219m	6'19"/km
8.	42	00:01:07	00:10:05	120m	9'18"/km
9.	37	00:01:27	00:11:32	154m	9'25"/km
10.	41	00:01:36	00:13:08	209m	7'39"/km
11.	39	00:01:25	00:14:33	246m	5'46"/km
12.	52	00:01:27	00:16:00	178m	8'09"/km
13.	47	00:00:58	00:16:58	191m	5'04"/km
14.	50	00:01:02	00:18:00	122m	8'28"/km
15.	53	00:01:08	00:19:08	142m	7'59"/km
16.	51	00:03:20	00:22:28	247m	13'30"/km
17.	60	00:01:42	00:24:10	190m	8'57"/km
18.	35	00:01:48	00:25:58	293m	6'09"/km
19.	61	00:03:05	00:29:03	235m	13'07"/km
20.	38	00:00:49	00:29:52	112m	7'17"/km
21.	40	00:00:53	00:30:45	121m	7'18"/km
22.	48	00:01:06	00:31:51	107m	10'17"/km
23.	32	00:01:24	00:33:15	102m	13'44"/km
24.	31	00:00:56	00:34:11	121m	7'43"/km
25.	58	00:01:24	00:35:35	157m	8'55"/km
26.	34	00:02:33	00:38:08	386m	6'36"/km
27.	36	00:01:25	00:39:33	232m	6'06"/km
28.	57	00:02:51	00:42:24	245m	11'38"/km
29.	46	00:00:47	00:43:11	142m	5'31"/km
30.	999	00:00:16	00:43:27	51m	5'14"/km