TRAIL RUN SIGNS - NO LIMITE - ETAPA 4
PARIPUEIRA - AL 8.10.2023
NO LIMITE

Edson Queiroz
NSA
Course : EXTREME TRAIL MASCULINO 40-49
Distance : 11600m (Climbing 409m)
Time : 1:27:35,484 (7'33"/km)

4/18 O.K.

Full result on Webres

1. Mauricio Basilino Ferreira 1:22:49,824
2. Rogério Marinho Cardoso 1:23:31,570
3. Carlos Andre 1:24:00,945

1.	71	00:20:27		2580m	7'56"/km	HIDRATAÇÃO 1
2.	72	00:10:14	*00:30:41*	1710m	5'59"/km	HIDRATAÇÃO 2 - DIVISÃO DE CATEGORIAS
3.	73	00:19:07	*00:49:48*	2660m	7'11"/km	RETORNO EXTREME
4.	74	00:28:21	*01:18:09*	3340m	8'29"/km	HIDRATAÇÃO 3
5.	999	00:09:26	*01:27:35*	1140m	8'16"/km	CHEGADA

HELGA Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com