



TRAIL RUN SIGNS - NO LIMITE - ETAPA 4

PARIPUEIRA - AL 8.10.2023

NO LIMITE

José Alexandre De Lima

TrailrunzeirosAlpha

Course : EXTREME TRAIL MASCULINO

Distance : 11600m (Climbing 409m)

Time : 1:46:57,746 (9'13"/km)

50/69

O.K.

[Full result on Webres](#)

- | | |
|--------------------------------|-------------|
| 1. Cristiano Grigorio Da Silva | 1:00:41,285 |
| 2. Leandro Silva | 1:11:40,531 |
| 3. Edwin Henrique | 1:16:34,109 |

1.	71	00:22:55		2580m	8'53"/km	HIDRATAÇÃO 1
2.	72	00:13:14	00:36:09	1710m	7'44"/km	HIDRATAÇÃO 2 - DIVISÃO DE CATEGORIAS
3.	73	00:22:24	00:58:33	2660m	8'25"/km	RETORNO EXTREME
4.	74	00:34:52	01:33:25	3340m	10'26"/km	HIDRATAÇÃO 3
5.	999	00:13:32	01:46:57	1140m	11'52"/km	CHEGADA

HELGA



Orienteering Software