



5ª Etapa do CMOrSM 2023

São Valentin 8.10.2023

Clube de Orientação de Santa Maria

William Garcia Ludwig

Clube de Orientação de Santa Cruz

Percurso : H Adulto E

Distancia : 8200m (Desnivel 245m)

Tempo : 1:54:19 (13'56"/km)

5/5

O.K.

[Resultados completos em Webres](#)

1. Flademir Rudinei Groos	1:09:59
2. Cleber Baratto Vidal	1:12:50
3. Ariel Quim de Almeida	1:17:09

1.	43	00:09:19		1112m	8'23"/km
2.	44	00:02:12	00:11:31	183m	12'01"/km
3.	49	00:01:10	00:12:41	115m	10'09"/km
4.	45	00:02:02	00:14:43	252m	8'04"/km
5.	48	00:03:04	00:17:47	217m	14'08"/km
6.	58	00:09:31	00:27:18	606m	15'42"/km
7.	53	00:02:51	00:30:09	197m	14'28"/km
8.	50	00:05:47	00:35:56	347m	16'40"/km
9.	52	00:01:19	00:37:15	107m	12'18"/km
10.	54	00:03:31	00:40:46	206m	17'04"/km
11.	55	00:03:04	00:43:50	225m	13'38"/km
12.	71	00:08:41	00:52:31	513m	16'56"/km
13.	56	00:04:16	00:56:47	157m	27'11"/km
14.	72	00:05:12	01:01:59	208m	25'00"/km
15.	73	00:06:38	01:08:37	246m	26'58"/km
16.	84	00:12:02	01:20:39	176m	68'22"/km
17.	57	00:01:50	01:22:29	161m	11'23"/km
18.	63	00:01:41	01:24:10	186m	9'03"/km
19.	62	00:05:19	01:29:29	398m	13'22"/km
20.	64	00:01:44	01:31:13	252m	6'53"/km
21.	65	00:01:23	01:32:36	136m	10'10"/km
22.	67	00:05:42	01:38:18	405m	14'04"/km
23.	70	00:01:12	01:39:30	122m	9'50"/km
24.	61	00:03:30	01:43:00	308m	11'22"/km
25.	60	00:02:33	01:45:33	252m	10'07"/km
26.	86	00:02:13	01:47:46	252m	8'48"/km
27.	82	00:01:45	01:49:31	256m	6'50"/km
28.	83	00:01:28	01:50:59	135m	10'52"/km
29.	100	00:02:56	01:53:55	305m	9'37"/km
30.	999	00:00:24	01:54:19	88m	4'33"/km