



Nationale lang Sonnis - Kelchterhoef HOUTHALEN 1.10.2023 K.O.L.

Jorran VAN DER HEIJDEN

TROL

Omloop : LD

Afstand : 7550m

Tijd : 1:16:59 (10'12"/km)

7/25

O.K.

[Volledige uitslagen op Webres](#)

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|------------------|---------|
| 1. Arno KEUPPENS | 0:50:08 |
| 2. Jeremy GENAR | 0:54:54 |
| 3. Miek FABRÉ | 1:02:30 |

1.	127	00:06:47	549m	12'21"/km
2.	193	00:03:10 00:09:57	368m	8'36"/km
3.	172	00:03:34 00:13:31	433m	8'14"/km
4.	148	00:12:19 00:25:50	1083m	11'22"/km
5.	165	00:07:26 00:33:16	275m	27'02"/km
6.	134	00:01:34 00:34:50	181m	8'39"/km
7.	110	00:04:10 00:39:00	552m	7'33"/km
8.	108	00:04:13 00:43:13	229m	18'25"/km
9.	186	00:01:52 00:45:05	164m	11'23"/km
10.	194	00:02:31 00:47:36	312m	8'04"/km
11.	116	00:02:38 00:50:14	324m	8'08"/km
12.	136	00:01:10 00:51:24	133m	8'46"/km
13.	176	00:04:18 00:55:42	479m	8'59"/km
14.	104	00:01:59 00:57:41	192m	10'20"/km
15.	181	00:04:34 01:02:15	519m	8'48"/km
16.	188	00:05:36 01:07:51	622m	9'00"/km
17.	170	00:03:40 01:11:31	326m	11'15"/km
18.	123	00:02:00 01:13:31	208m	9'37"/km
19.	118	00:01:45 01:15:16	179m	9'47"/km
20.	200	00:00:40 01:15:56	116m	5'45"/km
21.	999	00:01:03 01:16:59	229m	4'35"/km

Orienteering Software