



**Nationale lang Sonnis - Kelchterhoef**  
**HOUTHALEN 1.10.2023**  
**K.O.L.**

**Robert HOOFD**

ASUB

Course : SE

Distance : 2580m

Time : 0:51:35 (20'00"/km)

**3/11**

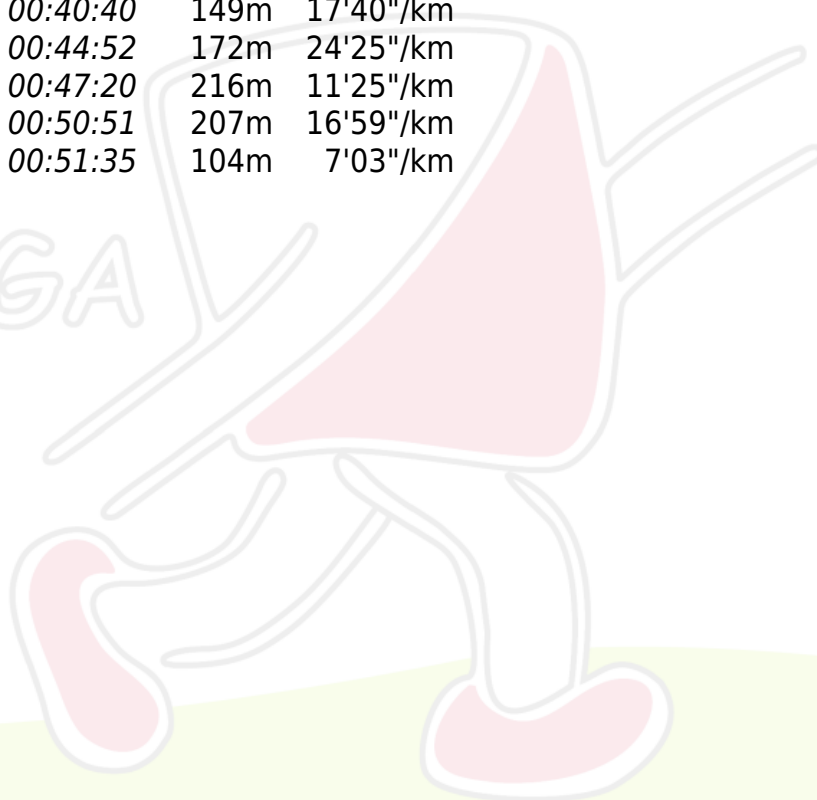
O.K.

[Full result on Webres](#)

- |                        |         |
|------------------------|---------|
| 1. Anne-Marie DELANGHE | 0:39:13 |
| 2. Hilde D'HAESELEER   | 0:39:51 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 150 | 00:03:13 |          | 226m | 14'14"/km |
| 2.  | 149 | 00:02:11 | 00:05:24 | 186m | 11'44"/km |
| 3.  | 147 | 00:03:45 | 00:09:09 | 335m | 11'12"/km |
| 4.  | 153 | 00:02:16 | 00:11:25 | 133m | 17'03"/km |
| 5.  | 156 | 00:11:18 | 00:22:43 | 317m | 35'39"/km |
| 6.  | 182 | 00:03:26 | 00:26:09 | 175m | 19'37"/km |
| 7.  | 124 | 00:11:53 | 00:38:02 | 360m | 33'01"/km |
| 8.  | 103 | 00:02:38 | 00:40:40 | 149m | 17'40"/km |
| 9.  | 158 | 00:04:12 | 00:44:52 | 172m | 24'25"/km |
| 10. | 109 | 00:02:28 | 00:47:20 | 216m | 11'25"/km |
| 11. | 183 | 00:03:31 | 00:50:51 | 207m | 16'59"/km |
| 12. | 999 | 00:00:44 | 00:51:35 | 104m | 7'03"/km  |

HELGA



Orienteering Software