



# Nationale lang Sonnis - Kelchterhoef

## HOUTHALEN 1.10.2023

### K.O.L.

**Bob DE CLEENE**

TROL

Omloop : H-16

Afstand : 7590m

Tijd : 1:03:06 (8'19"/km)

2/7

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Thomas JANSEN   | 0:49:14 |
| 3. Victor BROUWIER | 1:04:34 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 171 | 00:02:47 |          | 269m | 10'21"/km |
| 2.  | 128 | 00:02:50 | 00:05:37 | 269m | 10'32"/km |
| 3.  | 193 | 00:04:21 | 00:09:58 | 417m | 10'26"/km |
| 4.  | 172 | 00:04:11 | 00:14:09 | 433m | 9'40"/km  |
| 5.  | 180 | 00:01:14 | 00:15:23 | 199m | 6'12"/km  |
| 6.  | 148 | 00:10:07 | 00:25:30 | 960m | 10'32"/km |
| 7.  | 138 | 00:02:46 | 00:28:16 | 406m | 6'49"/km  |
| 8.  | 110 | 00:01:19 | 00:29:35 | 222m | 5'56"/km  |
| 9.  | 164 | 00:03:34 | 00:33:09 | 473m | 7'32"/km  |
| 10. | 165 | 00:02:13 | 00:35:22 | 283m | 7'50"/km  |
| 11. | 136 | 00:03:14 | 00:38:36 | 410m | 7'53"/km  |
| 12. | 176 | 00:03:54 | 00:42:30 | 479m | 8'09"/km  |
| 13. | 166 | 00:03:24 | 00:45:54 | 310m | 10'58"/km |
| 14. | 173 | 00:06:29 | 00:52:23 | 819m | 7'55"/km  |
| 15. | 188 | 00:02:54 | 00:55:17 | 372m | 7'48"/km  |
| 16. | 170 | 00:03:08 | 00:58:25 | 326m | 9'37"/km  |
| 17. | 192 | 00:01:56 | 01:00:21 | 302m | 6'24"/km  |
| 18. | 145 | 00:01:06 | 01:01:27 | 175m | 6'17"/km  |
| 19. | 200 | 00:00:51 | 01:02:18 | 160m | 5'19"/km  |
| 20. | 999 | 00:00:48 | 01:03:06 | 229m | 3'30"/km  |

Orienteering Software