



**Nationale lang Sonnis - Kelchterhoef**  
**HOUTHALEN 1.10.2023**  
**K.O.L.**

**Léa BERNARD**

ASUB

Omloop : D10B

Afstand : 2140m

Tijd : 0:21:03 (9'50"/km)

**2/4**

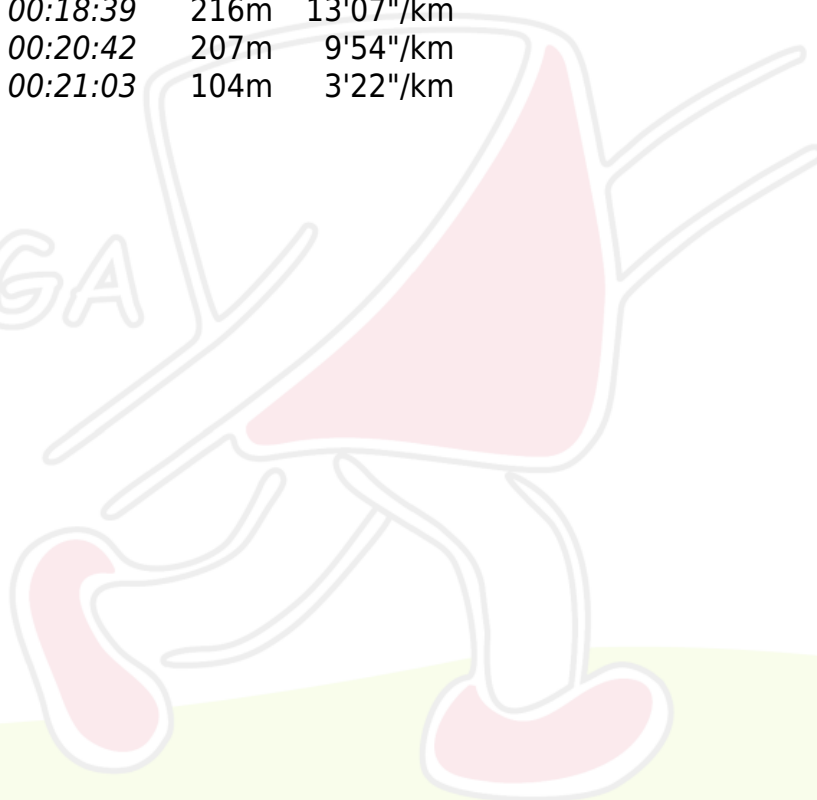
O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Lily VAN DE MOORTE | 0:17:08 |
| 3. Julie LUYCKX       | 0:34:46 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 150 | 00:01:48 |          | 226m | 7'58"/km  |
| 2.  | 149 | 00:01:38 | 00:03:26 | 186m | 8'47"/km  |
| 3.  | 147 | 00:03:26 | 00:06:52 | 335m | 10'15"/km |
| 4.  | 146 | 00:01:24 | 00:08:16 | 115m | 12'10"/km |
| 5.  | 156 | 00:02:24 | 00:10:40 | 227m | 10'34"/km |
| 6.  | 152 | 00:02:32 | 00:13:12 | 262m | 9'40"/km  |
| 7.  | 158 | 00:02:37 | 00:15:49 | 264m | 9'55"/km  |
| 8.  | 109 | 00:02:50 | 00:18:39 | 216m | 13'07"/km |
| 9.  | 183 | 00:02:03 | 00:20:42 | 207m | 9'54"/km  |
| 10. | 999 | 00:00:21 | 00:21:03 | 104m | 3'22"/km  |

HELGA



Orienteering Software