



Treino 33 - 2023
Jardim Chapadão 18.9.2023
Clube de Orientação da EsPCEEx

Fernanda FERNANDA CAPELETI

Clube de Orientação da EsPCEEx

Course : H21B

Distance : 8800m (Climbing 150m)

Time : 1:56:52 (13'17"/km)

14/15

O.K.

[Full result on Webres](#)

- | | |
|------------------------------------|---------|
| 1. Leonardo Naysinger Arruda | 1:04:34 |
| 2. Rhuan Marcelo Mota Garcia | 1:06:19 |
| 3. João Pedro Carvalho De Oliveira | 1:08:24 |

1.	43	00:06:41		441m	15'09"/km
2.	42	00:07:19	00:14:00		
3.	41	00:01:50	00:15:50	266m	6'54"/km
4.	44	00:01:45	00:17:35	201m	8'42"/km
5.	46	00:04:04	00:21:39	226m	18'00"/km
6.	47	00:01:35	00:23:14	162m	9'46"/km
7.	51	00:13:37	00:36:51	663m	20'32"/km
8.	59	00:01:56	00:38:47	171m	11'18"/km
9.	50	00:03:39	00:42:26	330m	11'04"/km
10.	49	00:02:09	00:44:35	206m	10'26"/km
11.	54	00:04:06	00:48:41	372m	11'01"/km
12.	53	00:06:11	00:54:52	403m	15'21"/km
13.	48	00:02:42	00:57:34	182m	14'50"/km
14.	57	00:02:42	01:00:16	212m	12'44"/km
15.	47	00:03:08	01:03:24	273m	11'29"/km
16.	44	00:02:49	01:06:13	257m	10'58"/km
17.	35	00:07:37	01:13:50	687m	11'05"/km
18.	36	00:08:22	01:22:12	487m	17'11"/km
19.	38	00:10:15	01:32:27	317m	32'20"/km
20.	37	00:04:44	01:37:11	374m	12'39"/km
21.	33	00:03:38	01:40:49	288m	12'37"/km
22.	31	00:01:40	01:42:29	155m	10'45"/km
23.	32	00:01:35	01:44:04	110m	14'24"/km
24.	39	00:05:42	01:49:46	496m	11'30"/km
25.	60	00:04:13	01:53:59	430m	9'48"/km
26.	58	01:08:25	03:02:24	150m	456'07"/km
27.	999	10:54:28	13:56:52	123m	5320'52"/km

Orienteering Software