



4ª Etapa CIPO - Ponta Grossa - FPO
Comunidade do Cerradinho 17.9.2023
Clube de Orientação Princesa dos Campos

Silvio Da Cunha Messias

Clube de Orientação Gralha Azul

Percurso : H Master B

Distancia : 4500m (Desnivel 100m)

Tempo : 1:10:47 (15'44"/km)

6/9

O.K.

[Resultados completos em Webres](#)

1. Antonio Martins De Melo Junior	0:49:14
2. Adilson Przybylski	0:58:53
3. Adriano Jose Siqueira	1:00:52

1.	117	00:02:12		206m	10'41"/km
2.	116	00:01:45	00:03:57	147m	11'54"/km
3.	134	00:01:25	00:05:22	139m	10'12"/km
4.	138	00:01:16	00:06:38	143m	8'51"/km
5.	136	00:04:22	00:11:00	74m	59'01"/km
6.	135	00:02:27	00:13:27	135m	18'09"/km
7.	70	00:10:01	00:23:28	590m	16'59"/km
8.	74	00:04:04	00:27:32	330m	12'19"/km
9.	97	00:04:53	00:32:25	580m	8'25"/km
10.	118	00:01:43	00:34:08	165m	10'24"/km
11.	94	00:01:21	00:35:29	116m	11'38"/km
12.	107	00:06:53	00:42:22	89m	77'20"/km
13.	102	00:04:56	00:47:18	122m	40'26"/km
14.	105	00:02:52	00:50:10	145m	19'46"/km
15.	103	00:02:10	00:52:20	218m	9'56"/km
16.	106	00:00:46	00:53:06	97m	7'54"/km
17.	110	00:02:06	00:55:12	224m	9'23"/km
18.	121	00:09:49	01:05:01	440m	22'19"/km
19.	123	00:04:08	01:09:09	130m	31'48"/km
20.	90	00:01:23	01:10:32	135m	10'15"/km
21.	999	00:00:15	01:10:47	71m	3'31"/km

Orienteering Software