



4ª Etapa CIPO - Ponta Grossa - FPO
Comunidade do Cerradinho 17.9.2023
Clube de Orientação Princesa dos Campos

Ademar Roque Hippler Ruwer

Clube de Orientação Gralha Azul

Percurso : H Veter A

Distancia : 5000m (Desnivel 150m)

Tempo : 1:17:37 (15'31"/km)

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O.K.

[Resultados completos em Webres](#)

1. Divair José Fachi	0:55:14
2. Carlos Alberto Xavier	1:06:03
3. Mario Cesar Lietz	1:09:31

1.	70	00:07:05		437m	16'13"/km
2.	94	00:08:12	00:15:17	389m	21'05"/km
3.	118	00:01:08	00:16:25	116m	9'46"/km
4.	92	00:02:55	00:19:20	275m	10'36"/km
5.	93	00:02:44	00:22:04	135m	20'15"/km
6.	103	00:04:07	00:26:11	284m	14'30"/km
7.	108	00:02:01	00:28:12	132m	15'17"/km
8.	109	00:02:10	00:30:22	187m	11'35"/km
9.	139	00:01:52	00:32:14	189m	9'53"/km
10.	116	00:05:37	00:37:51	403m	13'56"/km
11.	111	00:05:39	00:43:30	319m	17'43"/km
12.	133	00:05:18	00:48:48	354m	14'58"/km
13.	137	00:02:23	00:51:11	144m	16'33"/km
14.	73	00:13:52	01:05:03	708m	19'35"/km
15.	79	00:04:33	01:09:36	155m	29'21"/km
16.	121	00:03:17	01:12:53	198m	16'35"/km
17.	123	00:02:40	01:15:33	130m	20'31"/km
18.	90	00:01:47	01:17:20	135m	13'13"/km
19.	999	00:00:17	01:17:37	71m	3'59"/km

Orienteering Software