Clube do Exército - 17 Set 23
Clube do Exército - Sede Lago 17.9.2023
Indiv.

Americo
Indiv.
Percurso : H-B
Distancia : 1800m (Desnivel 30m)
Tempo : 0:27:38 (15'21"/km)

5/15 O.K.

Resultados completos em Webres

1.	Aislan Bacha	0:19:33
2.	Gen Basto	0:19:59
3.	Felipe Godoy	0:22:41

1.	49	00:02:19		79m	29'19"/km
2.	45	00:01:53	*00:04:12*		
3.	46	00:00:50	*00:05:02*	65m	12'49"/km
4.	48	00:01:10	*00:06:12*		
5.	39	00:01:05	*00:07:17*	93m	11'39"/km
6.	41	00:01:15	*00:08:32*		
7.	36	00:01:08	*00:09:40*		
8.	38	00:01:44	*00:11:24*		
9.	32	00:01:33	*00:12:57*		
10.	43	00:02:09	*00:15:06*		
11.	33	00:01:21	*00:16:27*	81m	16'40"/km
12.	35	00:01:48	*00:18:15*		
13.	31	00:02:12	*00:20:27*	45m	48'53"/km
14.	37	00:02:19	*00:22:46*	58m	39'57"/km
15.	49	00:01:12	*00:23:58*		
16.	35	00:01:02	*00:25:00*	59m	17'31"/km
17.	50	00:00:54	*00:25:54*	83m	10'51"/km
18.	34	00:00:56	*00:26:50*	42m	22'13"/km
19.	50	00:00:25	*00:27:15*	42m	9'55"/km
20.	999	00:00:23	*00:27:38*	50m	7'40"/km

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