



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Alfons BOSCH

KOVZ

Omloop : H80

Afstand : 3550m

Tijd : 1:33:18 (26'17"/km)

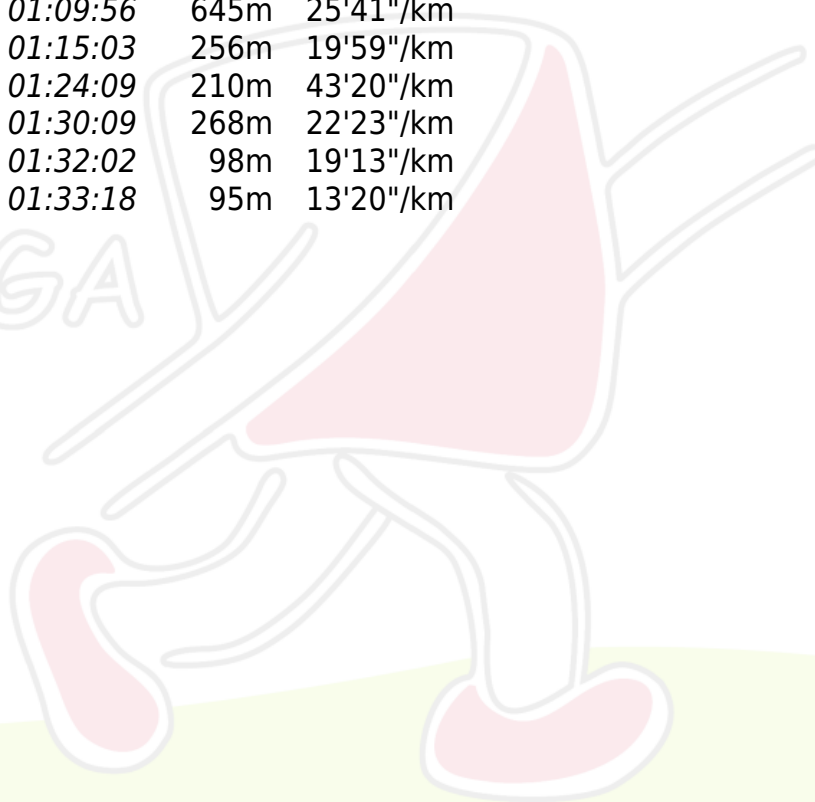
--/3

O.K.

[Volledige uitslagen op Webres](#)

1.	135	00:06:29		198m	32'45"/km
2.	134	00:09:13	00:15:42	186m	49'33"/km
3.	156	00:16:08	00:31:50	512m	31'31"/km
4.	153	00:04:03	00:35:53	174m	23'17"/km
5.	157	00:04:45	00:40:38	215m	22'06"/km
6.	147	00:07:59	00:48:37	357m	22'22"/km
7.	145	00:04:45	00:53:22	192m	24'44"/km
8.	154	00:16:34	01:09:56	645m	25'41"/km
9.	151	00:05:07	01:15:03	256m	19'59"/km
10.	152	00:09:06	01:24:09	210m	43'20"/km
11.	149	00:06:00	01:30:09	268m	22'23"/km
12.	150	00:01:53	01:32:02	98m	19'13"/km
13.	999	00:01:16	01:33:18	95m	13'20"/km

HELGA



Orienteering Software