



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Robert VAN DER HULST

MINOR

Omloop : H60

Afstand : 5120m

Tijd : 1:16:34 (14'57"/km)

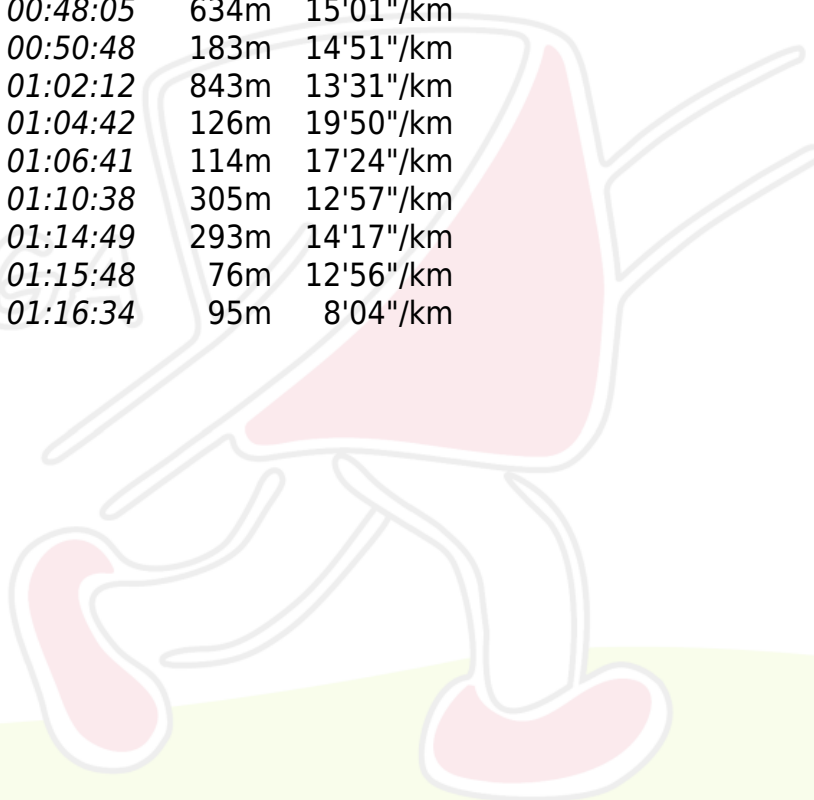
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O.K.

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- | | |
|------------------|---------|
| 1. Hennie KENNIS | 0:44:54 |
| 2. Henk SNIJDERS | 0:47:07 |
| 3. Adriaan BAAS | 0:49:04 |

1.	134	00:05:36		375m	14'56"/km
2.	136	00:09:55	00:15:31	365m	27'10"/km
3.	137	00:01:55	00:17:26	106m	18'05"/km
4.	155	00:09:32	00:26:58	768m	12'25"/km
5.	157	00:03:07	00:30:05	147m	21'12"/km
6.	147	00:05:22	00:35:27	357m	15'02"/km
7.	145	00:03:07	00:38:34	192m	16'14"/km
8.	132	00:09:31	00:48:05	634m	15'01"/km
9.	131	00:02:43	00:50:48	183m	14'51"/km
10.	156	00:11:24	01:02:12	843m	13'31"/km
11.	151	00:02:30	01:04:42	126m	19'50"/km
12.	153	00:01:59	01:06:41	114m	17'24"/km
13.	113	00:03:57	01:10:38	305m	12'57"/km
14.	159	00:04:11	01:14:49	293m	14'17"/km
15.	150	00:00:59	01:15:48	76m	12'56"/km
16.	999	00:00:46	01:16:34	95m	8'04"/km



Orienteering Software