



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Ferdinand GEBOERS

K.O.L.

Omloop : H55

Afstand : 7110m

Tijd : 2:14:37 (18'56"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1. Pär HERNFLO	1:01:12
2. Pim VAN DER WIJK	1:02:52
3. Steven JOCHEMS	1:10:58

1.	135	00:06:20		198m	31'59"/km
2.	133	00:02:53	00:09:13	224m	12'52"/km
3.	136	00:03:25	00:12:38	365m	9'22"/km
4.	114	00:32:19	00:44:57	492m	65'41"/km
5.	148	00:14:07	00:59:04	1193m	11'50"/km
6.	128	00:04:12	01:03:16	319m	13'10"/km
7.	123	00:03:31	01:06:47	248m	14'11"/km
8.	124	00:14:33	01:21:20	327m	44'30"/km
9.	127	00:05:05	01:26:25	228m	22'18"/km
10.	125	00:02:42	01:29:07	135m	20'00"/km
11.	132	00:07:50	01:36:57	727m	10'46"/km
12.	145	00:07:17	01:44:14	634m	11'29"/km
13.	147	00:02:14	01:46:28	192m	11'38"/km
14.	154	00:06:50	01:53:18	592m	11'33"/km
15.	158	00:11:11	02:04:29	199m	56'12"/km
16.	151	00:00:39	02:05:08	77m	8'26"/km
17.	153	00:01:36	02:06:44	114m	14'02"/km
18.	149	00:06:03	02:12:47	512m	11'49"/km
19.	150	00:01:05	02:13:52	98m	11'03"/km
20.	999	00:00:45	02:14:37	95m	7'54"/km

Orienteering Software