



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Dirk GOOSSENS

TROL

Omloop : H55

Afstand : 7110m

Tijd : 0:52:04 (7'19"/km)

--/16

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Pär HERNFLO | 1:01:12 |
| 2. Pim VAN DER WIJK | 1:02:52 |
| 3. Steven JOCHEMS | 1:10:58 |

1.	135	00:02:04		198m	10'26"/km
2.	133	00:02:05	00:04:09	224m	9'18"/km
3.	136	00:02:26	00:06:35	365m	6'40"/km
4.	114	00:03:11	00:09:46	492m	6'28"/km
5.	148	00:07:04	00:16:50	1193m	5'55"/km
6.	128	00:02:06	00:18:56	319m	6'35"/km
7.	123	00:01:52	00:20:48	248m	7'32"/km
8.	124	00:03:12	00:24:00	327m	9'47"/km
9.	127	00:01:57	00:25:57	228m	8'33"/km
10.	126	00:01:24	00:27:21	71m	19'43"/km
11.	125	00:01:19	00:28:40		
12.	132	00:05:00	00:33:40	727m	6'53"/km
13.	145	00:05:15	00:38:55	634m	8'17"/km
14.	147	00:01:33	00:40:28	192m	8'04"/km
15.	154	00:04:02	00:44:30	592m	6'49"/km
16.	158	00:01:33	00:46:03	199m	7'47"/km
17.	151	00:00:37	00:46:40	77m	8'01"/km
18.	153	00:00:53	00:47:33	114m	7'45"/km
19.	149	00:03:22	00:50:55	512m	6'35"/km
20.	150	00:00:38	00:51:33	98m	6'28"/km
21.	999	00:00:31	00:52:04	95m	5'26"/km

Orienteering Software