



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Garnt SWINKELS

KOVZ

Omloop : H40

Afstand : 8050m

Tijd : 0:55:23 (6'53"/km)

3/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Aleksei MOROZOV | 0:49:11 |
| 2. Timo VISSER | 0:54:51 |

1.	134	00:03:04		375m	8'11"/km
2.	138	00:02:25	00:05:29	434m	5'34"/km
3.	114	00:02:32	00:08:01	435m	5'49"/km
4.	128	00:08:11	00:16:12	1497m	5'28"/km
5.	123	00:02:06	00:18:18	248m	8'28"/km
6.	124	00:02:39	00:20:57	327m	8'06"/km
7.	127	00:02:17	00:23:14	228m	10'01"/km
8.	126	00:01:39	00:24:53	71m	23'14"/km
9.	122	00:03:05	00:27:58	400m	7'42"/km
10.	141	00:03:56	00:31:54	572m	6'53"/km
11.	148	00:02:42	00:34:36	418m	6'28"/km
12.	130	00:03:38	00:38:14	533m	6'49"/km
13.	131	00:02:03	00:40:17	289m	7'06"/km
14.	132	00:01:28	00:41:45	183m	8'01"/km
15.	151	00:05:36	00:47:21	789m	7'06"/km
16.	156	00:00:46	00:48:07	126m	6'05"/km
17.	155	00:01:15	00:49:22	201m	6'13"/km
18.	149	00:03:29	00:52:51		
19.	159	00:01:29	00:54:20		
20.	150	00:00:38	00:54:58	76m	8'20"/km
21.	999	00:00:25	00:55:23	95m	4'23"/km

Orienteering Software