



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Ton VLASVELD

MINOR

Omloop : H35

Afstand : 14000m

Tijd : 3:37:10 (15'31"/km)

3/4

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Tom MICHIELSEN | 2:02:54 |
| 2. Mark HEIKOOP | 3:07:50 |

1.	133	00:08:25		409m	20'35"/km
2.	136	00:03:02	00:11:27	365m	8'19"/km
3.	139	00:11:49	00:23:16	1059m	11'09"/km
4.	140	00:02:21	00:25:37	180m	13'03"/km
5.	124	00:19:34	00:45:11	2306m	8'29"/km
6.	127	00:11:16	00:56:27	228m	49'25"/km
7.	125	00:04:33	01:01:00	135m	33'42"/km
8.	122	00:04:13	01:05:13	388m	10'52"/km
9.	141	00:11:19	01:16:32	572m	19'47"/km
10.	142	00:05:18	01:21:50	558m	9'30"/km
11.	143	00:07:28	01:29:18	531m	14'04"/km
12.	144	00:02:53	01:32:11	258m	11'11"/km
13.	145	00:24:32	01:56:43	2448m	10'01"/km
14.	146	00:07:53	02:04:36	102m	77'17"/km
15.	148	00:17:28	02:22:04	1210m	14'26"/km
16.	128	00:20:03	02:42:07	319m	62'51"/km
17.	129	00:04:20	02:46:27	277m	15'39"/km
18.	130	00:01:39	02:48:06	67m	24'38"/km
19.	131	00:03:51	02:51:57	289m	13'19"/km
20.	151	00:10:26	03:02:23	899m	11'36"/km
21.	158	00:03:01	03:05:24	77m	39'11"/km
22.	156	00:01:19	03:06:43		
23.	154	00:09:31	03:16:14	182m	52'17"/km
24.	155	00:02:27	03:18:41	149m	16'27"/km
25.	152	00:13:38	03:32:19	345m	39'31"/km
26.	149	00:03:21	03:35:40	268m	12'30"/km
27.	150	00:01:11	03:36:51	98m	12'04"/km

Orienteering Software