



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Roland VAN LOON

KOVZ

Omloop : H21

Afstand : 14000m

Tijd : 1:44:36 (7'28"/km)

5/15

O.K.

[Volledige uitslagen op Webres](#)

1. Adomas REPSYS	1:25:33
2. Marvin BOOT	1:33:36
3. Remco HEREIJGERS	1:34:05

1.	133	00:04:04		409m	9'57"/km
2.	136	00:02:15	00:06:19	365m	6'10"/km
3.	139	00:06:50	00:13:09	1059m	6'27"/km
4.	140	00:01:14	00:14:23	180m	6'51"/km
5.	124	00:15:24	00:29:47	2306m	6'41"/km
6.	127	00:02:12	00:31:59	228m	9'39"/km
7.	125	00:02:23	00:34:22	135m	17'39"/km
8.	122	00:03:07	00:37:29	388m	8'02"/km
9.	141	00:04:17	00:41:46	572m	7'29"/km
10.	142	00:03:50	00:45:36	558m	6'52"/km
11.	143	00:05:55	00:51:31	531m	11'09"/km
12.	144	00:02:11	00:53:42	258m	8'28"/km
13.	145	00:15:47	01:09:29	2448m	6'27"/km
14.	146	00:00:51	01:10:20	102m	8'20"/km
15.	148	00:08:31	01:18:51	1210m	7'02"/km
16.	128	00:02:36	01:21:27	319m	8'09"/km
17.	129	00:02:01	01:23:28	277m	7'17"/km
18.	130	00:00:43	01:24:11	67m	10'42"/km
19.	131	00:02:27	01:26:38	289m	8'29"/km
20.	151	00:07:56	01:34:34	899m	8'49"/km
21.	156	00:01:02	01:35:36	126m	8'12"/km
22.	154	00:01:15	01:36:51	182m	6'52"/km
23.	155	00:01:32	01:38:23	149m	10'17"/km
24.	152	00:03:03	01:41:26	345m	8'50"/km
25.	149	00:02:05	01:43:31	268m	7'46"/km
26.	150	00:00:41	01:44:12	98m	6'58"/km
27.	999	00:00:24	01:44:36	95m	4'13"/km

Orienteering Software