



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Joel LEISTRA

KOVZ

Omloop : H-18

Afstand : 7110m

Tijd : 0:58:23 (8'13"/km)

1/2

O.K.

[Volledige uitslagen op Webres](#)

1.	135	00:02:20		198m	11'47"/km
2.	133	00:02:10	00:04:30	224m	9'40"/km
3.	136	00:02:23	00:06:53	365m	6'32"/km
4.	114	00:03:37	00:10:30	492m	7'21"/km
5.	148	00:08:01	00:18:31	1193m	6'43"/km
6.	128	00:03:09	00:21:40	319m	9'52"/km
7.	123	00:02:15	00:23:55	248m	9'04"/km
8.	124	00:03:46	00:27:41	327m	11'31"/km
9.	127	00:01:54	00:29:35	228m	8'20"/km
10.	125	00:01:42	00:31:17	135m	12'36"/km
11.	132	00:05:41	00:36:58	727m	7'49"/km
12.	145	00:05:23	00:42:21	634m	8'29"/km
13.	147	00:01:38	00:43:59	192m	8'30"/km
14.	154	00:05:14	00:49:13	592m	8'50"/km
15.	158	00:01:50	00:51:03	199m	9'13"/km
16.	151	00:01:24	00:52:27	77m	18'11"/km
17.	153	00:00:56	00:53:23	114m	8'11"/km
18.	149	00:03:52	00:57:15	512m	7'33"/km
19.	150	00:00:46	00:58:01	98m	7'49"/km
20.	999	00:00:22	00:58:23	95m	3'52"/km

Orienteering Software