



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Willeke VAN WERVEN

ARGUS

Omloop : D40

Afstand : 7110m

Tijd : 2:10:27 (18'21"/km)

4/9

O.K.

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- | | |
|---------------------|---------|
| 1. Lieke VAN OPSTAL | 1:08:21 |
| 2. Mijke MALLEKOOTE | 1:26:00 |
| 3. Marjo POULISSEN | 1:41:00 |

1.	135	00:04:34		198m	23'04"/km
2.	133	00:07:58	00:12:32	224m	35'34"/km
3.	136	00:04:59	00:17:31	365m	13'39"/km
4.	114	00:07:22	00:24:53	492m	14'58"/km
5.	148	00:14:52	00:39:45	1193m	12'28"/km
6.	128	00:12:40	00:52:25	319m	39'42"/km
7.	123	00:04:12	00:56:37	248m	16'56"/km
8.	124	00:07:49	01:04:26	327m	23'54"/km
9.	127	00:04:34	01:09:00	228m	20'02"/km
10.	125	00:03:13	01:12:13	135m	23'50"/km
11.	132	00:10:45	01:22:58	727m	14'47"/km
12.	145	00:10:27	01:33:25	634m	16'29"/km
13.	147	00:05:07	01:38:32	192m	26'39"/km
14.	154	00:10:29	01:49:01	592m	17'42"/km
15.	158	00:07:47	01:56:48	199m	39'07"/km
16.	151	00:01:04	01:57:52	77m	13'51"/km
17.	153	00:02:06	01:59:58	114m	18'25"/km
18.	149	00:07:42	02:07:40	512m	15'02"/km
19.	150	00:01:39	02:09:19	98m	16'50"/km
20.	999	00:01:08	02:10:27	95m	11'56"/km

Orienteering Software