



Régionale Beynert
Arlon - Bois du Beynert 17.9.2023
ASUB

François BEERTEN

CO Liège

Circuit : H:Rouge

Distance : 3900m (Dénivelé 125m)

Temps : 1:33:09 (23'53"/km)

8/9

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------|---------|
| 1. Quentin ADAM | 0:46:06 |
| 2. Thomas WEBER | 0:53:59 |
| 2. Jan PANUSKA | 0:53:59 |

1.	209	00:02:52		291m	9'51"/km
2.	210	00:04:00	00:06:52	221m	18'06"/km
3.	211	00:05:10	00:12:02	259m	19'57"/km
4.	186	00:06:45	00:18:47	386m	17'29"/km
5.	199	00:07:18	00:26:05	489m	14'56"/km
6.	213	00:31:15	00:57:20	449m	69'36"/km
7.	214	00:04:37	01:01:57	268m	17'14"/km
8.	203	00:03:26	01:05:23	205m	16'45"/km
9.	184	00:06:52	01:12:15	217m	31'39"/km
10.	179	00:01:51	01:14:06	107m	17'17"/km
11.	173	00:04:07	01:18:13	253m	16'16"/km
12.	205	00:09:52	01:28:05	286m	34'30"/km
13.	208	00:03:11	01:31:16	256m	12'26"/km
14.	176	00:01:35	01:32:51	187m	8'28"/km
15.	999	00:00:18	01:33:09	70m	4'17"/km

HELGA
Orienteering Software