



Treino 32 - 2023
Fazenda Boa Esperança 16.9.2023
Clube de Orientação da EsPCEx

Ronald Mateus Fernandes Carneiro

Clube de Orientação da EsPCEx

Course : H21B

Distance : 4300m (Climbing 80m)

Time : 1:08:33 (15'57"/km)

13/14

O.K.

[Full result on Webres](#)

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|-------------------------------------|---------|
| 1. Rhuan Marcelo Mota Garcia | 0:32:17 |
| 2. João Pedro Carvalho De Oliveira | 0:35:36 |
| 3. José Ângelo Pazianoto De Vilhena | 0:39:08 |

1.	60	00:03:40		130m	28'12"/km
2.	59	00:09:12	00:12:52	138m	66'40"/km
3.	58	01:08:01	01:20:53	132m	515'17"/km
4.	57	10:54:08	12:15:01	89m	7349'49"/km
5.	54	00:01:32	12:16:33	315m	4'52"/km
6.	53	00:04:39	12:21:12	585m	7'57"/km
7.	52	01:10:00	13:31:12	140m	500'00"/km
8.	50	10:53:27	00:24:39	141m	4634'24"/km
9.	49	00:01:05	00:25:44	122m	8'53"/km
10.	51	00:02:37	00:28:21	385m	6'48"/km
11.	48	00:01:35	00:29:56	205m	7'43"/km
12.	47	00:01:24	00:31:20	183m	7'39"/km
13.	46	00:02:16	00:33:36	323m	7'01"/km
14.	44	00:04:08	00:37:44	232m	17'49"/km
15.	53	00:25:49	01:03:33	375m	68'51"/km
16.	45	00:04:35	01:08:08	623m	7'21"/km
17.	999	00:00:25	01:08:33	79m	5'16"/km

Orienteering Software