



**Treino 30 - 2023**  
**Fazenda do Rosário 15.9.2023**  
**Clube de Orientação da EsPCEEx**

**Felipe Borges Lorenzon**

Clube de Orientação da EsPCEEx

Percurso : H21B

Distancia : 2600m (Desnivel 125m)

Tempo : 0:37:53 (14'34"/km)

**6/14**

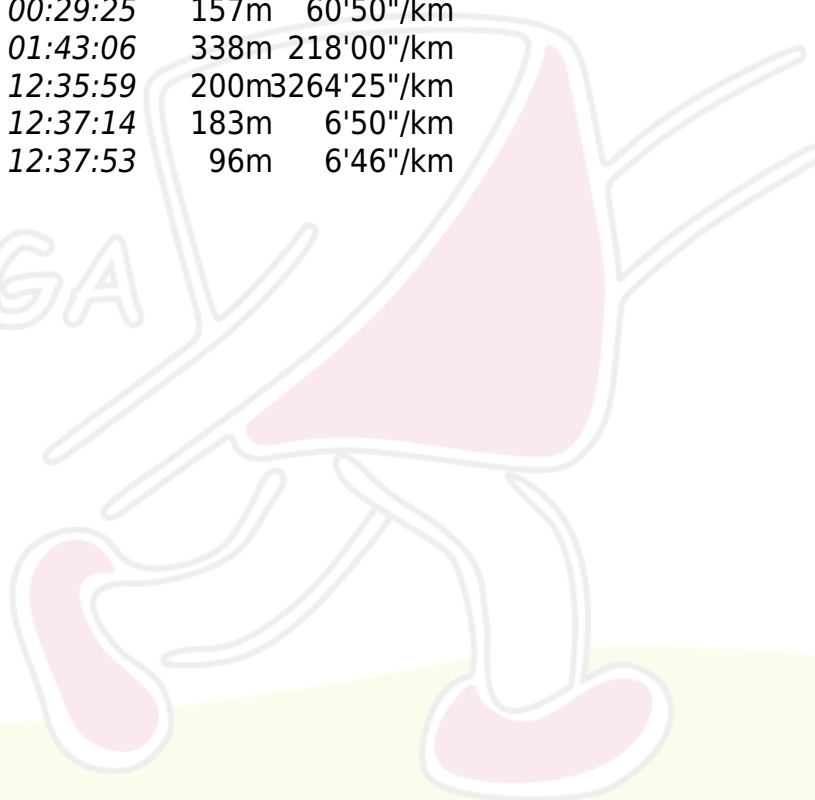
O.K.

[Resultados completos em Webres](#)

1. João Pedro Carvalho De Oliveira 0:31:43
2. José Ângelo Pazianoto De Vilhena 0:32:40
3. Leonardo Naysinger Arruda 0:35:41

|     |     |          |          |      |             |
|-----|-----|----------|----------|------|-------------|
| 1.  | 44  | 00:04:47 |          | 213m | 22'27"/km   |
| 2.  | 48  | 00:02:04 | 00:06:51 | 302m | 6'51"/km    |
| 3.  | 47  | 00:02:06 | 00:08:57 | 306m | 6'52"/km    |
| 4.  | 46  | 00:03:33 | 00:12:30 | 143m | 24'50"/km   |
| 5.  | 45  | 00:03:12 | 00:15:42 | 246m | 13'00"/km   |
| 6.  | 49  | 00:01:27 | 00:17:09 | 222m | 6'32"/km    |
| 7.  | 50  | 00:02:43 | 00:19:52 | 173m | 15'42"/km   |
| 8.  | 51  | 00:09:33 | 00:29:25 | 157m | 60'50"/km   |
| 9.  | 52  | 01:13:41 | 01:43:06 | 338m | 218'00"/km  |
| 10. | 53  | 10:52:53 | 12:35:59 | 200m | 3264'25"/km |
| 11. | 54  | 00:01:15 | 12:37:14 | 183m | 6'50"/km    |
| 12. | 999 | 00:00:39 | 12:37:53 | 96m  | 6'46"/km    |

HELGA



Orienteering Software