



JOGOS DESPORTIVOS DA 5ª DE - PERCURSO LONGO

FAZ RIO SALTO - PALMEIRA - PR 14.9.2023

Indiv.

St R Silva

14ª Bda Inf Mtz

Course : HE

Distance : 9300m (Climbing 200m)

Time : 2:11:18 (14'07"/km)

17/20

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. 2º Sgt Claudinei | 1:09:52 |
| 2. 2º Sgt Karsten | 1:15:25 |
| 3. Sd Emanuel | 1:20:02 |

1.	56	00:02:00		206m	9'43"/km
2.	55	00:02:29	00:04:29	196m	12'40"/km
3.	58	00:03:03	00:07:32	297m	10'16"/km
4.	57	00:02:49	00:10:21	252m	11'11"/km
5.	72	00:16:26	00:26:47	266m	61'47"/km
6.	73	00:01:34	00:28:21	127m	12'20"/km
7.	58	00:06:38	00:34:59	454m	14'37"/km
8.	59	00:10:36	00:45:35	1000m	10'36"/km
9.	60	00:03:24	00:48:59	130m	26'09"/km
10.	74	00:02:28	00:51:27	157m	15'43"/km
11.	75	00:03:40	00:55:07	345m	10'38"/km
12.	76	00:01:11	00:56:18	157m	7'32"/km
13.	61	00:05:54	01:02:12	523m	11'17"/km
14.	71	00:03:00	01:05:12	137m	21'54"/km
15.	62	00:02:42	01:07:54		
16.	63	00:03:22	01:11:16	285m	11'49"/km
17.	64	00:02:48	01:14:04	160m	17'30"/km
18.	61	00:03:27	01:17:31	275m	12'33"/km
19.	71	00:01:51	01:19:22	137m	13'30"/km
20.	42	00:03:43	01:23:05	285m	13'02"/km
21.	64	00:04:14	01:27:19	114m	37'08"/km
22.	65	00:05:39	01:32:58	213m	26'32"/km
23.	46	00:10:34	01:43:32	973m	10'52"/km
24.	55	00:01:00	01:44:32	138m	7'15"/km
25.	37	00:07:31	01:52:03	678m	11'05"/km
26.	43	00:02:57	01:55:00	222m	13'17"/km
27.	50	00:03:29	01:58:29	167m	20'51"/km
28.	69	00:06:37	02:05:06	631m	10'29"/km
29.	70	00:03:46	02:08:52	421m	8'57"/km
30.	31	00:02:19	02:11:11	254m	9'07"/km
31.	999	00:00:07	02:11:18	84m	1'23"/km