



JOGOS DESPORTIVOS DA 5ª DE - PERCURSO LONGO

FAZ RIO SALTO - PALMEIRA - PR 14.9.2023

Indiv.

1º Ten João Lima

14ª Bda Inf Mtz

Course : HE

Distance : 9300m (Climbing 200m)

Time : 1:59:52 (12'53"/km)

14/20

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. 2º Sgt Claudinei | 1:09:52 |
| 2. 2º Sgt Karsten | 1:15:25 |
| 3. Sd Emanuel | 1:20:02 |

1.	56	00:01:17		206m	6'14"/km
2.	55	00:01:58	00:03:15	196m	10'02"/km
3.	58	00:03:45	00:07:00	297m	12'38"/km
4.	57	00:02:52	00:09:52	252m	11'23"/km
5.	72	00:09:56	00:19:48	266m	37'21"/km
6.	73	00:01:24	00:21:12	127m	11'01"/km
7.	58	00:05:26	00:26:38	454m	11'58"/km
8.	59	00:09:59	00:36:37	1000m	9'59"/km
9.	60	00:03:23	00:40:00	130m	26'02"/km
10.	74	00:05:26	00:45:26	157m	34'36"/km
11.	75	00:02:23	00:47:49	345m	6'54"/km
12.	76	00:00:38	00:48:27	157m	4'02"/km
13.	61	00:04:59	00:53:26	523m	9'32"/km
14.	62	00:01:52	00:55:18	189m	9'53"/km
15.	63	00:03:57	00:59:15	285m	13'52"/km
16.	64	00:05:01	01:04:16	160m	31'21"/km
17.	61	00:03:16	01:07:32	275m	11'53"/km
18.	71	00:03:19	01:10:51	137m	24'13"/km
19.	42	00:03:22	01:14:13	285m	11'49"/km
20.	64	00:03:53	01:18:06	114m	34'04"/km
21.	65	00:04:29	01:22:35	213m	21'03"/km
22.	46	00:11:17	01:33:52	973m	11'36"/km
23.	55	00:01:02	01:34:54	138m	7'29"/km
24.	37	00:06:25	01:41:19	678m	9'28"/km
25.	43	00:02:40	01:43:59	222m	12'01"/km
26.	50	00:02:44	01:46:43	167m	16'22"/km
27.	69	00:06:54	01:53:37	631m	10'56"/km
28.	70	00:03:51	01:57:28	421m	9'09"/km
29.	31	00:02:19	01:59:47	254m	9'07"/km
30.	999	00:00:05	01:59:52	84m	1'00"/km