



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Antoine KESTEMAN

ThOR

Course : H:Noir Long

Distance : 9460m

Time : 1:50:52 (11'43"/km)

13/16

O.K.

[Full result on Webres](#)

1. Louis HALTZ	0:56:30
2. Luc SANDEVOIR	0:57:23
3. Gilles DE NEYER	1:07:10

1.	131	00:01:38		250m	6'32"/km
2.	132	00:09:25	00:11:03	1112m	8'28"/km
3.	133	00:00:52	00:11:55	108m	8'01"/km
4.	134	00:01:09	00:13:04	107m	10'45"/km
5.	135	00:01:01	00:14:05	153m	6'39"/km
6.	136	00:01:05	00:15:10	135m	8'01"/km
7.	137	00:06:54	00:22:04	912m	7'34"/km
8.	138	00:05:08	00:27:12	260m	19'45"/km
9.	139	00:03:56	00:31:08	65m	60'31"/km
10.	140	00:01:23	00:32:31	82m	16'52"/km
11.	141	00:01:57	00:34:28	184m	10'36"/km
12.	164	00:01:00	00:35:28	133m	7'31"/km
13.	142	00:01:57	00:37:25	146m	13'21"/km
14.	143	00:03:27	00:40:52	293m	11'46"/km
15.	144	00:02:26	00:43:18	235m	10'21"/km
16.	145	00:01:05	00:44:23	147m	7'22"/km
17.	146	00:02:20	00:46:43	262m	8'54"/km
18.	147	00:02:04	00:48:47	124m	16'40"/km
19.	148	00:15:00	01:03:47	216m	69'27"/km
20.	149	00:02:12	01:05:59	283m	7'46"/km
21.	150	00:05:33	01:11:32	717m	7'44"/km
22.	151	00:02:59	01:14:31	262m	11'23"/km
23.	152	00:02:10	01:16:41	106m	20'26"/km
24.	153	00:02:00	01:18:41	309m	6'28"/km
25.	154	00:01:41	01:20:22	195m	8'38"/km
26.	155	00:10:51	01:31:13	992m	10'56"/km
27.	156	00:02:13	01:33:26	85m	26'05"/km
28.	157	00:03:22	01:36:48	82m	41'03"/km
29.	158	00:04:03	01:40:51	272m	14'53"/km
30.	159	00:00:47	01:41:38	101m	7'45"/km
31.	160	00:03:05	01:44:43	319m	9'40"/km
32.	123	00:00:25	01:45:08	64m	6'31"/km
33.	101	00:00:38	01:45:46	42m	15'05"/km
34.	97	00:02:50	01:48:36	270m	10'30"/km
35.	165	00:01:32	01:50:08	290m	5'17"/km
36.	999	00:00:44	01:50:52	146m	5'01"/km