



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Wim VERVOORT

TROL

Course : H:Noir Long

Distance : 9460m

Time : 1:43:12 (10'55"/km)

10/16

O.K.

[Full result on Webres](#)

1. Louis HALTZ	0:56:30
2. Luc SANDEVOIR	0:57:23
3. Gilles DE NEYER	1:07:10

1.	131	00:01:37		250m	6'28"/km
2.	132	00:08:46	00:10:23	1112m	7'53"/km
3.	133	00:00:47	00:11:10	108m	7'15"/km
4.	134	00:01:22	00:12:32	107m	12'46"/km
5.	135	00:01:06	00:13:38	153m	7'11"/km
6.	136	00:01:01	00:14:39	135m	7'32"/km
7.	137	00:07:04	00:21:43	912m	7'45"/km
8.	138	00:11:14	00:32:57	260m	43'12"/km
9.	139	00:01:59	00:34:56	65m	30'31"/km
10.	140	00:01:46	00:36:42	82m	21'33"/km
11.	141	00:02:32	00:39:14	184m	13'46"/km
12.	164	00:01:16	00:40:30	133m	9'31"/km
13.	142	00:01:26	00:41:56	146m	9'49"/km
14.	143	00:02:11	00:44:07	293m	7'27"/km
15.	144	00:01:58	00:46:05	235m	8'22"/km
16.	145	00:01:24	00:47:29	147m	9'31"/km
17.	146	00:03:15	00:50:44	262m	12'24"/km
18.	147	00:01:02	00:51:46	124m	8'20"/km
19.	148	00:01:58	00:53:44	216m	9'06"/km
20.	149	00:02:35	00:56:19	283m	9'08"/km
21.	150	00:06:28	01:02:47	717m	9'01"/km
22.	151	00:03:20	01:06:07	262m	12'43"/km
23.	152	00:01:27	01:07:34	106m	13'41"/km
24.	153	00:02:36	01:10:10	309m	8'25"/km
25.	154	00:01:30	01:11:40	195m	7'42"/km
26.	155	00:11:43	01:23:23	992m	11'49"/km
27.	156	00:01:09	01:24:32	85m	13'32"/km
28.	157	00:02:01	01:26:33	82m	24'36"/km
29.	158	00:03:33	01:30:06	272m	13'03"/km
30.	159	00:01:09	01:31:15	101m	11'23"/km
31.	160	00:03:41	01:34:56	319m	11'33"/km
32.	123	00:00:44	01:35:40	64m	11'27"/km
33.	101	00:00:36	01:36:16	42m	14'17"/km
34.	97	00:02:15	01:38:31	270m	8'20"/km
35.	165	00:03:12	01:41:43	290m	11'02"/km
36.	999	00:01:29	01:43:12	146m	10'10"/km