



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Laurence AUGHUET

ThOR

Course : D:Rouge Court

Distance : 5110m

Time : 1:12:21 (14'10"/km)

7/20

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Els PUT | 0:56:08 |
| 2. Pia WAGNER | 0:58:20 |
| 3. Adèle ROBINSON | 0:58:37 |

1.	38	00:02:36		136m	19'07"/km
2.	145	00:05:39	00:08:15	485m	11'39"/km
3.	35	00:01:17	00:09:32	80m	16'03"/km
4.	34	00:02:15	00:11:47	184m	12'14"/km
5.	143	00:01:46	00:13:33	127m	13'55"/km
6.	33	00:03:00	00:16:33	142m	21'08"/km
7.	144	00:01:25	00:17:58	115m	12'19"/km
8.	32	00:04:15	00:22:13	336m	12'39"/km
9.	58	00:01:51	00:24:04	137m	13'30"/km
10.	36	00:03:44	00:27:48	238m	15'41"/km
11.	56	00:01:46	00:29:34	141m	12'32"/km
12.	54	00:02:23	00:31:57	144m	16'33"/km
13.	55	00:03:41	00:35:38	204m	18'03"/km
14.	37	00:04:35	00:40:13	227m	20'11"/km
15.	132	00:02:30	00:42:43	210m	11'54"/km
16.	133	00:01:31	00:44:14	108m	14'03"/km
17.	134	00:01:48	00:46:02	107m	16'49"/km
18.	59	00:01:28	00:47:30	97m	15'07"/km
19.	60	00:02:38	00:50:08	182m	14'28"/km
20.	61	00:02:43	00:52:51	197m	13'47"/km
21.	159	00:02:44	00:55:35	166m	16'28"/km
22.	161	00:03:12	00:58:47	194m	16'30"/km
23.	162	00:01:02	00:59:49	58m	17'49"/km
24.	62	00:01:16	01:01:05	105m	12'04"/km
25.	160	00:01:34	01:02:39	106m	14'47"/km
26.	123	00:00:54	01:03:33	64m	14'04"/km
27.	101	00:00:59	01:04:32	42m	23'25"/km
28.	103	00:03:12	01:07:44	320m	10'00"/km
29.	165	00:03:14	01:10:58	254m	12'44"/km
30.	999	00:01:23	01:12:21	146m	9'28"/km