



GOS Claeys Bouüaert Park

Gent 9.9.2023

TROL

Elias AMPE

Indiv.

Course : H:Omloop 1

Distance : 4210m

Time : 0:46:33,585 (11'03"/km)

14/29

O.K.

[Full result on Webres](#)

1. Jonathan DE LA MARCHE	0:28:56,250
2. Stan DE CLERCQ	0:30:16,179
3. Sam BLOK	0:34:12,136

1.	32	00:01:39		173m	9'32"/km
2.	34	00:00:57	00:02:36	123m	7'43"/km
3.	41	00:01:00	00:03:36	96m	10'25"/km
4.	37	00:04:58	00:08:34	134m	37'04"/km
5.	35	00:01:18	00:09:52	69m	18'50"/km
6.	36	00:00:55	00:10:47	115m	7'58"/km
7.	38	00:01:07	00:11:54	67m	16'40"/km
8.	40	00:00:35	00:12:29	76m	7'41"/km
9.	44	00:01:27	00:13:56	121m	11'59"/km
10.	64	00:03:35	00:17:31	442m	8'06"/km
11.	49	00:02:39	00:20:10	297m	8'55"/km
12.	58	00:03:10	00:23:20	238m	13'18"/km
13.	57	00:01:32	00:24:52	123m	12'28"/km
14.	59	00:01:16	00:26:08	156m	8'07"/km
15.	56	00:01:32	00:27:40	174m	8'49"/km
16.	55	00:00:25	00:28:05	58m	7'11"/km
17.	60	00:01:25	00:29:30	233m	6'05"/km
18.	51	00:01:19	00:30:49	122m	10'48"/km
19.	52	00:02:28	00:33:17	150m	16'27"/km
20.	53	00:01:02	00:34:19	110m	9'24"/km
21.	54	00:01:08	00:35:27	91m	12'27"/km
22.	61	00:02:04	00:37:31	215m	9'37"/km
23.	50	00:00:56	00:38:27	98m	9'31"/km
24.	62	00:01:12	00:39:39	114m	10'32"/km
25.	48	00:01:09	00:40:48	134m	8'35"/km
26.	63	00:01:38	00:42:26	124m	13'10"/km
27.	47	00:00:54	00:43:20	108m	8'20"/km
28.	46	00:00:47	00:44:07	56m	13'59"/km
29.	65	00:00:41	00:44:48	87m	7'51"/km
30.	66	00:01:11	00:45:59	75m	15'47"/km
31.	999	00:00:34	00:46:33	32m	17'42"/km