



LOS 2023-06

Herent 9.9.2023

Omega

Lotte CAUWENBERG

Omega

Course : D:1 - Lang

Distance : 4470m

Time : 1:10:45 (15'50"/km)

6/10

O.K.

[Full result on Webres](#)

1. Tille DE SMUL	0:32:46
2. Katja VAN OOSTERWIJCK	0:39:50
3. Orfee PERDIEUS	0:50:20

1.	35	00:01:23		102m	13'34"/km
2.	31	00:01:34	00:02:57	118m	13'17"/km
3.	32	00:02:06	00:05:03	105m	20'00"/km
4.	55	00:07:25	00:12:28	168m	44'09"/km
5.	54	00:01:47	00:14:15	104m	17'09"/km
6.	53	00:02:47	00:17:02	207m	13'27"/km
7.	57	00:07:21	00:24:23	524m	14'02"/km
8.	58	00:00:39	00:25:02	44m	14'46"/km
9.	59	00:01:15	00:26:17	78m	16'02"/km
10.	60	00:01:34	00:27:51	201m	7'48"/km
11.	61	00:02:53	00:30:44	74m	38'58"/km
12.	51	00:04:17	00:35:01	381m	11'15"/km
13.	49	00:01:32	00:36:33		
14.	50	00:01:01	00:37:34		
15.	48	00:01:32	00:39:06	87m	17'37"/km
16.	47	00:01:12	00:40:18	127m	9'27"/km
17.	44	00:04:04	00:44:22	257m	15'49"/km
18.	41	00:02:12	00:46:34	108m	20'22"/km
19.	40	00:01:27	00:48:01	113m	12'50"/km
20.	39	00:01:37	00:49:38	114m	14'11"/km
21.	38	00:01:14	00:50:52	101m	12'13"/km
22.	46	00:03:29	00:54:21	290m	12'01"/km
23.	45	00:01:45	00:56:06	109m	16'03"/km
24.	43	00:01:35	00:57:41	108m	14'40"/km
25.	42	00:03:13	01:00:54	221m	14'33"/km
26.	33	00:05:56	01:06:50	339m	17'30"/km
27.	34	00:01:11	01:08:01	48m	24'39"/km
28.	36	00:00:47	01:08:48	57m	13'45"/km
29.	62	00:01:33	01:10:21	131m	11'50"/km
30.	999	00:00:24	01:10:45	42m	9'31"/km