

AOS 9 Wilrijkse Plein

Antwerpen 7.9.2023

Antwerp Orienteers

Sam PORTEMAN

Antwerp Orienteers

Omloop : D:Lang

Afstand : 5030m

Tijd : 0:43:20 (8'37"/km)

9/13

O.K.

[Volledige uitslagen op Webres](#)

1. Sarah ROOMAN	0:23:01
2. Claudia ROOMAN	0:25:19
3. Carolien PUNIE	0:30:53

1.	31	00:01:09		155m	7'25"/km
2.	32	00:02:19	00:03:28	105m	22'04"/km
3.	33	00:02:06	00:05:34	123m	17'04"/km
4.	34	00:01:51	00:07:25	130m	14'14"/km
5.	35	00:01:18	00:08:43	151m	8'37"/km
6.	36	00:02:38	00:11:21	120m	21'57"/km
7.	47	00:03:55	00:15:16	336m	11'39"/km
8.	49	00:05:27	00:20:43	611m	8'55"/km
9.	44	00:00:47	00:21:30	92m	8'31"/km
10.	45	00:00:00	00:21:30	45m	0'00"/km
11.	46	00:01:37	00:23:07	174m	9'17"/km
12.	48	00:02:20	00:25:27	155m	15'03"/km
13.	50	00:00:30	00:25:57	57m	8'46"/km
14.	51	00:03:06	00:29:03	277m	11'11"/km
15.	52	00:00:36	00:29:39	60m	10'00"/km
16.	53	00:01:12	00:30:51	163m	7'22"/km
17.	54	00:01:49	00:32:40	156m	11'39"/km
18.	55	00:00:30	00:33:10	66m	7'35"/km
19.	56	00:01:33	00:34:43	144m	10'46"/km
20.	57	00:00:39	00:35:22	56m	11'36"/km
21.	58	00:01:05	00:36:27	84m	12'54"/km
22.	59	00:01:48	00:38:15	176m	10'14"/km
23.	60	00:00:00	00:38:15	226m	0'00"/km
24.	62	00:01:43	00:39:58	180m	9'32"/km
25.	63	00:01:33	00:41:31	162m	9'34"/km
26.	64	00:01:27	00:42:58	227m	6'23"/km
27.	999	00:00:22	00:43:20	44m	8'20"/km

Orienteering Software