



TRAIL RUN PARADISE -SERGIPE - TRAIL RUN PARADISE - ETAP

ARACAJU - SE 3.9.2023

TRAIL RUN PARADISE

Lucinéa Matias

SUPERAÇÃO RUNNER

Course : 12 KM SOLO FEMININO

Distance : 11000m (Climbing 292m)

Time : 1:49:15,640 (9'56"/km)

10/15

O.K.

[Full result on Webres](#)

1. Vanessa Nolasco	1:14:58,242
2. Ana Lucia Lina Dos Santos	1:25:31,882
3. Widja Tenório Tenorio	1:27:30,265

1.	73	00:21:12	2500m	8'29"/km	RETORNO 11KM
2.	999	01:28:03	01:49:15	8500m	10'22"/km
					CHEGADA

HELGA



Orienteering Software