



Belgisch Kampioenschap LD

Witte Bergen 3.9.2023

TROL

Pawel PRUSKOWSKI

K.O.L.

Course : HE

Distance : 15590m

Time : 2:47:43 (10'45"/km)

19/19

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Wouter HUS | 1:27:25 |
| 2. Gilles DE NEYER | 1:28:40 |
| 3. Evert LEEUWS | 1:30:55 |

1.	71	00:02:32	145m	17'28"/km
2.	133	00:04:42 00:07:14	560m	8'24"/km
3.	135	00:01:50 00:09:04	140m	13'06"/km
4.	134	00:01:22 00:10:26	121m	11'18"/km
5.	92	00:09:06 00:19:32	983m	9'15"/km
6.	112	00:05:26 00:24:58	641m	8'29"/km
7.	103	00:06:02 00:31:00	631m	9'34"/km
8.	105	00:04:50 00:35:50	287m	16'50"/km
9.	106	00:04:27 00:40:17	360m	12'22"/km
10.	107	00:02:35 00:42:52	211m	12'15"/km
11.	108	00:03:16 00:46:08	185m	17'39"/km
12.	109	00:03:33 00:49:41	381m	9'19"/km
13.	110	00:01:38 00:51:19	76m	21'29"/km
14.	111	00:03:49 00:55:08	410m	9'19"/km
15.	103	00:07:40 01:02:48	686m	11'11"/km
16.	97	00:06:51 01:09:39	776m	8'50"/km
17.	95	00:02:50 01:12:29	263m	10'46"/km
18.	148	00:03:15 01:15:44	301m	10'48"/km
19.	90	00:02:16 01:18:00	261m	8'41"/km
20.	98	00:04:49 01:22:49	537m	8'58"/km
21.	101	00:05:28 01:28:17	332m	16'28"/km
22.	115	00:03:17 01:31:34	388m	8'28"/km
23.	117	00:05:55 01:37:29	471m	12'34"/km
24.	84	00:07:59 01:45:28	708m	11'17"/km
25.	129	00:04:09 01:49:37	375m	11'04"/km
26.	80	00:08:40 01:58:17	779m	11'08"/km
27.	81	00:02:51 02:01:08	186m	15'19"/km
28.	73	00:05:10 02:06:18	443m	11'40"/km
29.	83	00:05:50 02:12:08	457m	12'46"/km
30.	86	00:05:55 02:18:03	552m	10'43"/km
31.	122	00:04:35 02:22:38	396m	11'34"/km
32.	142	00:07:50 02:30:28	716m	10'56"/km
33.	144	00:05:53 02:36:21	481m	12'14"/km
34.	143	00:01:36 02:37:57	112m	14'17"/km
35.	137	00:05:35 02:43:32	607m	9'12"/km
36.	100	00:03:17 02:46:49	433m	7'35"/km



37. 999 00:00:54 02:47:43 126m 7'09"/km

HELGA



Orienteering Software