



LV NAVAMAER 2023 - Percurso Longo

Resende - RJ 30.8.2023

AMAN

Lima

FAB

Percurso : FEM

Distancia : 5600m (Desnivel 220m)

Tempo : 1:27:14 (15'35"/km)

9/15

O.K.

[Resultados completos em Webres](#)

1. Schneider	0:59:48
2. Talita Magalhães	1:04:34
3. Rafaela Petersen	1:07:41

1.	34	00:06:08		471m	13'01"/km
2.	48	00:18:39	00:24:47	1027m	18'10"/km
3.	46	00:05:43	00:30:30	421m	13'35"/km
4.	45	00:01:26	00:31:56	140m	10'14"/km
5.	44	00:01:05	00:33:01	102m	10'37"/km
6.	40	00:09:11	00:42:12	549m	16'44"/km
7.	53	00:05:51	00:48:03	483m	12'07"/km
8.	54	00:02:06	00:50:09	143m	14'41"/km
9.	55	00:06:20	00:56:29	279m	22'42"/km
10.	57	00:01:59	00:58:28	210m	9'27"/km
11.	67	00:03:54	01:02:22	277m	14'05"/km
12.	65	00:02:16	01:04:38	187m	12'07"/km
13.	64	00:02:22	01:07:00	167m	14'10"/km
14.	59	00:05:10	01:12:10	344m	15'01"/km
15.	60	00:10:18	01:22:28	174m	59'12"/km
16.	62	00:03:12	01:25:40	207m	15'28"/km
17.	90	00:01:20	01:27:00	145m	9'12"/km
18.	999	00:00:14	01:27:14	111m	2'06"/km

Orienteering Software