



LV NAVAMAER 2023 - Percurso Longo

Resende - RJ 30.8.2023

AMAN

Davi

MB

Course : MASC

Distance : 7600m (Climbing 290m)

Time : 1:18:29 (10'20"/km)

14/30

O.K.

[Full result on Webres](#)

1. Jaeger	1:06:53
2. Brizola	1:07:21
3. Mattos	1:07:33

1.	49	00:11:35		1317m	8'48"/km
2.	48	00:01:20	00:12:55	160m	8'20"/km
3.	45	00:04:55	00:17:50	516m	9'32"/km
4.	43	00:01:23	00:19:13	223m	6'12"/km
5.	42	00:02:05	00:21:18	246m	8'28"/km
6.	48	00:02:19	00:23:37	165m	14'02"/km
7.	47	00:01:58	00:25:35	231m	8'31"/km
8.	46	00:03:41	00:29:16	328m	11'14"/km
9.	45	00:01:07	00:30:23	140m	7'59"/km
10.	44	00:00:55	00:31:18	102m	8'59"/km
11.	39	00:09:16	00:40:34	757m	12'14"/km
12.	63	00:14:36	00:55:10	984m	14'50"/km
13.	64	00:01:36	00:56:46	127m	12'36"/km
14.	65	00:01:19	00:58:05	167m	7'53"/km
15.	53	00:06:05	01:04:10	582m	10'27"/km
16.	54	00:01:21	01:05:31	143m	9'26"/km
17.	55	00:03:26	01:08:57	279m	12'18"/km
18.	56	00:01:02	01:09:59	117m	8'50"/km
19.	70	00:04:36	01:14:35	379m	12'08"/km
20.	61	00:01:54	01:16:29	238m	7'59"/km
21.	90	00:01:49	01:18:18	195m	9'19"/km
22.	999	00:00:11	01:18:29	111m	1'39"/km

Orienteering Software